

Brightside Health

Mental Health Therapist | Flexible Telehealth

Mental Health Therapist, Counselor or Psychologist - Flexible Telehealth Position

Brightside (www.brightside.com) provides quality mental health care, backed by science, and delivered with humanity. Using an evidenced-based Cognitive-Behavioral Therapy (CBT) approach, our members complete live video sessions with their therapist as well as self-guided video lessons and practice exercises outside of session.

Our therapists are trained to deliver personalized, culturally responsive, and compassionate care to all of their members. This treatment program allows our therapists to apply their advanced clinical skills where they have the biggest impact - providing thoughtful support, a space to process, and solution-focused care in partnership with their clients.

With Brightside's innovative care model, 86% of our members are feeling better in 12 weeks (or less) and we're delivering 50%+ higher rates of response and remission for depression when compared to a top US health system.

What You'll Gain:

- **Unprecedented impact:** You will use the Unified Protocol and evidence-based therapy to help clients reach their treatment goals. These treatment approaches allow for targeted, scientifically-supported care across a wide range of mental health needs.
- **Professional growth opportunities and clinical support:** You will receive enhanced clinical support through weekly live drop-in consultation sessions with leadership and free monthly continuing education trainings (CEUs).
- **Custom-built tools:** Enjoy our easy-to-use electronic medical record (EMR) integrated with treatment software, assessment tools, progress monitoring and crisis protocols for streamlined documentation and efficient, effective care.
- **Billing support:** Our therapist and client support teams handle all the billing so you can focus on providing care.
- **Operational support:** Our operational support teams provide clinical drop-in hours, IT support, member account/insurance support, and more.
- **Competitive compensation:** 1099 and W2 employment opportunities available according to state licensure.

Your Role as a Mental Health Therapist at Brightside:

- Provide weekly evidence-based care through synchronous live video sessions to adults with a wide range of emotional disorders
- Collaborate with Brightside psychiatric providers to support comprehensive treatment and with fellow therapists as part of the growing therapist community
- Draw on automatically administered symptom self-assessments, functional improvement, and goal progress measures to monitor and adjust treatment plans
- Maintain timely clinical documentation through our user-friendly, reliable therapist portal that includes digital tools for streamlined documentation
- Receive support and consultation from the Therapy Leadership Team when needed

Benefits:

- 100% remote, telehealth position
- 1099 or W2 positions available for high demand states
- Create your own flexible schedule, Monday - Sunday
- No on-call work
- Free CEU's
- Malpractice and tail insurance covered
- 1099 or W2 positions available for high demand states
- State of the art tools, customizable and reliable EMR integrated with artificial intelligence which prompts check-ins, follow-ups, and much more with your clients

What We're Looking For:

- Master's or doctorate degree in clinical psychology, counseling, or clinical social work (e.g., MA, MS, MSW, MFT, MHC, PhD, PsyD) from an accredited program
- An independent license in the state where you reside (e.g., LCSW, LMFT, LMHC, LPC) from the USA (**2+ state licenses is a huge plus**)
- Licensed independently as a Therapist, Counselor or Psychologist for at least 1 year
- Preferably 2 years of recent experience providing cognitive behavioral therapy and other evidenced-based interventions to individual adults struggling with depression, anxiety, and other mental health disorders.
- Must welcome treating **all** populations and committed to delivering culturally responsive care
- Tech-savviness and enthusiasm for integrating digital solutions into clinical practice

We know that diversity makes for the best problem-solving and creative thinking, and are committed to equity and inclusion. We are dedicated to adding new perspectives to the team and encourage everyone to apply if your experience is close to what we are looking for. We're an Equal Opportunity Employer and do not discriminate candidates or patients on the basis of race, color, gender, sexual orientation, gender identity or expression, age, religion, disability, national origin, protected veteran status, or any other status protected by applicable federal, state, or local law.