

# Third Wave Psychotherapy Internship Program

## About Us

Third Wave Psychotherapy is an outpatient, private practice with locations across the Triangle. We believe in the application of process based approaches to help clients not only move beyond their struggles with psychological disorders, but also to help them develop meaningful, values driven lives.



We see clients of a variety of diagnostic presentations, ages, sociocultural backgrounds, and life circumstances and offer individual, couples, family and group counseling.

## Internship Opportunity

Students will carry a reduced clinical caseload of individuals, couples, families and/or groups and participate in intake coordination. Students will have the opportunity to provide therapeutic care from start to finish, with intake, treatment planning, implementation, relapse prevention, and discharge.

Additionally, students will work with our intake team to coordinate new client referrals, complete outreach with community organizations, and assist with contacting managed

care organizations. Students will have the opportunity to attend weekly clinical consultations, staff training, and have weekly individual clinical supervision as well as bi-monthly group supervision.

## Learn More and Apply:

Please contact our Internship Program Director, Brianna Hicks, LCMHC, at [brianna@3rdwavetherapy.com](mailto:brianna@3rdwavetherapy.com) with any questions. Interested students may submit a resume and cover letter for consideration.