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**North Carolina Central University**

*“Communicating to Succeed.”*

**School of Education**

*"Preparing Educators for Diverse Cultural Contexts for the 21st Century."*

Counselor Education Program (CEP)

The Counselor Education Program’s mission: *The Counselor Education Program prepares counselors to work in mental health, school, and career counseling settings who promote social justice and responsibility, serve as leaders in a diverse and global community, and respond to the complexity of human needs across the lifespan. Faculty is expected to teach and mentor students, serve the community and counseling profession, and promote intellectual advancement through conducting and disseminating research.*

# *Syllabus*

# CON 5326

## **Traditional and Contemporary Issues in Addictions**

## **Summer Session 2, 2016**

3 Credit Hours

**Instructor: Robert A. Horne, Ph.D., M.Div., NCC, ACS, LPC, LCAS, ICAADC**

**Office: 2099 H. M. Michaux, Jr. School of Education**

**Phone: 919.530.6691**

**Email:** **Rhorne6@NCCU.edu** **(Best method of contact)**

**SKYPE ID: Live: Rhorne6**

**\*Office Hours: (Skype by appointment)**

\* All office hour times are Eastern Standard Time (EST). In order to provide each student with the optimal amount of respect, confidentiality, and attention *all* office hour visits must be scheduled a minimum of 24 hours in advance.

If you are coming to visit campus and want to meet in-person please email me in advance for a specific time. Or if you want to coordinate a SKYPE or phone meeting please email me at Rhorne6@nccu.edu to set up an appointment. This will help me coordinate student visits and/or meetings. SKYPE NAME: *“Live:Rhorne6”*.

# Skype Account - I suggest that you get a free SKYPE account so that you can communicate with faculty, or your classmates.

**Required Textbooks & Materials**

Levinthal, C. F, (2013). Drugs, Behavior, and Modern Society. (8th) Pearsons.

American Psychological Association. (2010). *Publication Manual of the American Psychological* *Association* (6th ed.). Washington, DC: Author.

A college rule notebook or bound journal with a minimum of 70 sheets and an envelope large enough to mail the notebook to the instructor.

# \*\*\* There will be a variety of research and current event articles assigned for reading that reflect the contemporary issues of addiction. You will need to check BlackBoard daily to see additional reading assignments. All additional reading assignments will be listed under “Readings” for Weekly Assignments.

**Suggested Textbooks**

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental*

*disorders* (5th Edition). Washington, DC: Author.

**Course Website**

This is an online course and will utilize the campus “Blackboard” system. Every candidate/student will be set up with a username and password (if you don’t already have one). You will be required to log on to the Blackboard system in order to fulfill various assignments during the semester (e.g., submit assignments, obtain handouts). If you have questions about your Blackboard (Bb) account please call Bb or the IT department **first** at 530-7676.

**Email Correspondence**

When contacting me via email your email subject line should be relevant to your email content. Please use “CON 5326:” and then describe the nature of your email. Students are expected to communicate with faculty using their NCCU email. Please be sure that you use yours and check it regularly.

**Course Description**

Course Description: The course is designed to give insight into the complex fields of traditional and current substance abuse, compulsive behaviors, treatment, recovery, and prevention. Additionally, this course will provide insight on: a) traditions and philosophies of recovery treatment models and support groups; and b) ethics, confidentiality, and legal issues. It is further designed to give a global perspective on current issues in the addiction treatment field. This course consists of selected readings based on: a) traditional models of treatment and recovery; b) substance use related ethical concerns; c) empirical research; d) relevant evidence –based practices; and e) current issues in the substance and process addictions. Traditional issues impacting addiction include but are not limited to: traditional views of addiction and addiction treatment; the development of self-help addiction groups; and the formation of professional addiction services. Current issues impacting addiction include but are not limited to: Living with drugs, dependency and addiction; major drugs of use and abuse; drugs and crime; the social impact of drugs; as well as prevention, treatment and education are addressed.

**Student Learning Outcomes/Outcomes**

Although the topics presented semester to semester may vary, upon successful completion of this course students will be able to:

1. Describe ethical issues related to substance use treatment and services (G.S. 90-113.41A(a)(2)g).
2. Specify protocol for handling confidential information and material in substance use settings. (G.S. 90-113.41A(a)(2)g).
3. Identify legal concerns when working with clients with addiction (G.S. 90-113.41A(a)(2)g).
4. Restate the timeline for the development of self-help and professional substance use programs. (G.S. 90-113.41A(a)(2)k).

1. Critique traditions and philosophies of recovery treatment models and support groups. (G.S. 90-113.41A(a)(2)k).
2. Articulate the current principles of addiction education, prevention, intervention, and consultation. (CACREP Addiction Counseling C.1.)
3. Articulate the models of treatment, prevention, recovery, relapse prevention, and continuing care for addictive disorders and related problems. (CACREP Addiction Counseling C.2.)
4. Recognizes the importance of family, social networks, and community systems in the treatment and recovery process. (CACREP Addiction Counseling C.3.)
5. Differentiate professional issues relevant to the practice of addiction counseling, including recognition, reimbursement, and right to practice. (CACREP Addiction Counseling C.7.)
6. Classify the principles of intervention for persons with addictions during times of crises, disasters, and other trauma-causing events. (CACREP Addiction Counseling C.8.)
7. Recall evidence-based treatments and basic strategies for evaluating counseling outcomes in addiction counseling. (CACREP Addiction Counseling I.3.)

**Goals**

The goal of this course is to provide the student the opportunity to explore a variety of current issues/topics as they relate to the addiction counseling field. The content is designed to encourage the student to critically think of his or her life experiences and personal perspective on presented issues as well as be able to discuss these issues in a scholarly and professional manner.

**COURSE POLICIES AND EXPECTATIONS**

1. All coursework submitted should reflect graduate level content and preparation. Careless preparation (i.e., spelling and grammatical errors) will adversely affect the grade for that assignment or task. Do not submit any work that you have not proofread. **Due to the brevity of the summer terms late assignments will not be accepted and will automatically receive a zero.**
2. All coursework should be completed on your own unless it is specifically classified as a group project. **Plagiarizing work on any assignment will result in automatic failure in the course**. Read and/or listen/watch all material provided on the course website.
3. Read the entire syllabus. Please adhere to all directions and due dates provided in the syllabus and on the website (no exceptions).
4. Read and listen/watch all material provided on the course website as it is presented (e.g., PowerPoint Presentations, videos, podcasts, supplemental readings, etc.) Complete all assigned readings. It is not acceptable to read only a portion of the reading assignments for this course. You are expected to be prepared to discuss, summarize, and react to all readings.
5. Regularly check your NCCU email account. I will correspond with you from time to time via campus email. If you are not receiving communication because you are not checking the account regularly, then it is not the fault of the instructor.
6. Ensure that you are entirely familiar with all functions available to you via Blackboard. Not knowing how to use various functions of Blackboard is not an excuse for not completing assignments. Contact the campus ITS helpline should you experience technical problems related to Blackboard (919.530.7676). Do not call or email the instructor with Blackboard technical-related issues, call the help-line.
7. Do not email your work to the instructor unless specifically asked to do so by the instructor. For most assignments, if not all of them, you will use designated links within Blackboard to submit your work. Please use the Blackboard system to submit your work; email submissions will not be accepted.
8. You are given a “window” of time to complete assignments. Please do not to wait until the last minute to complete your work. The Blackboard system moves slowly and encounters problems from time to time. Please avoid doing things at the last minute. It is very unlikely that you will be given extra time to complete an assignment if you waited until the last minute to complete the task – and then experienced a technical issue. Work on things early so that you can overcome the technical problems, should they arise.
9. Adverse Weather: The University makes all decisions regarding the cancellation of classes. Because this is an online class, the cancellation of university classes should not impact your coursework or assignments.
10. A letter grade of “I” or incomplete is given for work that has not been fully completed; however at least 75% of the work must be completed. An incomplete is granted only in exceptional cases. (An agreement must be signed by the student and faculty member detailing what work needs to be completed and when it needs to be completed. If the grade is not changed within one year, it will automatically become an F.)
11. We will abide by the **NCCU Honor Code**. Please review that document at this link: [**http://www.nccu.edu/formsdocs/proxy.cfm?file\_id=956**](http://www.nccu.edu/formsdocs/proxy.cfm?file_id=956)**.**
12. Please sign up for Eagle Alerts on the Emergency Webpage for NCCU.

## **Attendance**

It is expected that you will be active in the discussion board weekly. You are to respond to weekly posts.

Students who have challenges doing weekly posts should make every effort to contact the instructor immediately with regard to the reason for missing class.

Also note that anyone other than enrolled students is not allowed to attend class without the permission of the instructor.

**Instructor’s Correspondence Times**

|  |  |  |
| --- | --- | --- |
| **Type of Correspondence** | **Timeframe** | **Special notes** |
| Emails | 24 hours | 1) Emails sent before 4pm Monday-Thursday will receive a response within 24 hours. 2) Emails sent after 4pm Monday-Wednesday will receive a response within 24 hours beginning at 8am the next business day.3) Emails sent after 4pm Thursday or on the weekend will receive a response within 24 hours beginning at 8am Monday. |
| Weekly Assignments (quizzes, papers, exams, etc.) | 1 week | 1) Late assignments, if accepted, the student acknowledges and understands the instructor may not provide the student with feedback and/or a grade before the semester’s grading period ends. |
| Telephone Calls | Please email to set a time for a telephone conference or call | As this is an online course, the primary method of contacting the instructor is through email.  |

**Student Support Services for Students with Disabilities**

Students with disabilities (physical, learning, psychological, chronic medical, etc.) who would like to request accommodations and services are required to register with the Office of Student Disability Services in Suite G20 in the Student Services Building (preferably during the first two weeks of the semester). Please contact Kesha Lee, Director at (919) 530-6325 or e-mail studentdisabilityservices@nccu.edu. If you are already registered in the office, you will need to return to the office each semester to review your information and receive updated accommodations.

**Veterans Services**

One of the goals of the faculty and the NCCU Veterans Affairs Office’s (VAO) is to provide a welcoming and supportive learning experience for veterans. Specifically, the VAO’s primary goal is to provide a smooth transition from military to college life for veterans, service members, and dependents.  If you wish, please contact your professor and/or the Director of the VAO during the first weeks of class so that we may support and assist you. During your matriculation, the VAO is here to assist you with the VA Educational Benefits process and offer overall support to ensure academic progression towards graduation. For more information please contact the VAO at 919-530-5000 or [veteransaffairs@nccu.edu](https://webmail.nccu.edu/owa/redir.aspx?C=tgrEl9jznkGoTdCb1KZ7FBTV0--icNAIiVzKZ5DDd7O7lJGcZ_vMtUzDa-NWga_CrfVS-i7S-04.&URL=mailto%3aveteransaffairs%40nccu.edu).

**NCCU Writing Studio**

The mission of the Studio is to support students’ learning and work as a writer in the university community through one-on-one and small group collaborative sessions. Students who desire to improve their writing skills can make an appointment at the NCCU Writing Studio by contacting the Writing Studio at <http://www.nccu.edu/academics/universitycollege/writingstudio/index.cfm> or 919.530.6035 for more information.

**Guidelines for Online “Class” Etiquette, Discussion, and Communication**

1. Any information shared within this course is to remain confidential.
2. It is expected that students check email **at least once daily**. Should students have any questions or concerns please feel free to contact the instructor via email (*Best way to contact*) or office phone.
3. Everyone will respect each other in the classroom. There are always a diversity of experiences and values. I expect that we will all respect others and be mindful of others.
4. Controversial topics and/or opinions may arise during the course of class discussion that may cause strong feelings or emotions. It is important that any debate of these topics and opinions be discussed in a respectful and courteous manner. Please be mindful, respectful, and courteous of others as you are communicating in class. It is important that there be respectful and conscientious dialogue in class.

# ****Plagiarism**** and Academic Integrity

**Plagiarism is the act of taking credit for someone else's work.** In college, this usually involves writing, but other kinds of work can be plagiarized as well, including music, ideas, and artwork. Taking credit for work that someone else created is stealing and is a violation of **intellectual property law.** So plagiarism is more than just a violation of school policies and a professor's trust. It is an illegal activity that is not so much different than stealing someone's iPod or wallet.

**Course Requirements**

All assignments and exams must be completed and submitted on BlackBoard on time in order to receive a passing grade in the course. Completed assignments must be submitted no later than class time on the due date. Any assignment turned in after the assigned time is considered late. Late assignments, if accepted, will be marked down one letter grade ***for everyday*** that it is late. If accepted, late assignments may not be graded prior to the final day of class and students may not receive feedback for a late assignment. Make-up quizzes and/or exams are usually not given unless there is an *extreme situation* (i.e., medical emergency, death in immediate family, etc.).

**ALL ASSIGNMENTS IN APA FORMAT NO EXCEPTIONS UNLESS GIVEN BY INSTRUCTOR! ADHERENCE TO APA FORMAT ACCOUNTS FOR 10% OF YOUR GRADE!**

**Class Attendance and Participation**

Students are expected to participate in discussion posts and have an established presence on the discussion board weekly with scholarly and in-depth contributions to the weekly discourse. Your weekly posts should demonstrate that you not only have read and/or listened to the material, but that you understand the concepts and are able to apply and articulate those concepts. Papers and assignments are to be completed and submitted in a timely and professional manner.

***Please Note:*** *As a part of your attendance and participation evaluation, students are graded regarding the following criteria: 1) Demonstration of effective leadership skills; 2) Actively engage in class activities and participate as a group member; 4) Contribute to class discussion displaying critical and creative thinking skills; and 4) Demonstrate dispositions consistent with an inclusive, multicultural, and ethical counseling role in promoting well-being, healthy relationships, academic success, and career mastery.*

**Assignments and Exams**

***Reaction Papers (25 points each x 4 =100 points)***

Students are expected to read all of the reading assignments each week. Students are to write one reaction paper based on one of the topics/drugs covered each week. This means each student will write 4 reaction papers to meet the course objectives. *Students’ reaction papers must be in APA format. Each reaction papers should be at least 2 pages and no longer than 3 pages in length, not counting title and reference pages.* Papers that are shorter than the minimum (2pgs.) or longer than the maximum (3 pgs.) will be reduced one letter grade. Each of reaction papers must include current research literature (**within 10 years**). The intent of the reaction papers is to help acquaint students with issues related to addiction counseling, drugs, and to help each student formulate a work philosophy and perspective on issues in addiction counseling.

***Discussion Board Postings 20 points each x 5 = 100 points)***

Discussion Board questions will appear on Tuesdays with each weeks’ assignment. Students’ are required to post their initial discussion no later than 11:59PM each Friday. Their response on another students thread should be posted no later than 11:59PM each Monday. Late post will receive a grade of zero. Initial post must include at least 3 references (10pts.). Response post must include at least 1 references (10pts.). **Posts that do not include the required number of reference(s) will not earn any credit and a zero (0) will be recorded for the grade for that part of the Discussion Board (i.e., if the initial post does not include 3 references no points will be earned for the initial post, if the response post does not include at least 1 reference no points will be earned for the response post).**

\*Please review the Quality Posting link listed on Blackboard.

***Quizzes (45pts each x 3 = 135 points)***

There will be three weekly quizzes covering weekly reading assignments.

***Mid-term (100 points)***

There will be a mid-term exam covering the reading assignments for the first 3 weeks of the session.

***Exam (100 points)***

There will be a final-exam covering the reading assignments for the entire 5 weeks of the session.

**GRADING**

|  |  |
| --- | --- |
| **Assignment** | **Points** |
| Discussion Boards (5 x 20 points each) | 100 points |
| Reaction Papers (4 x 25 points each) | 100 points |
| Quizzes (3 x 45 points each)  | 135 points |
| Mid-term Exam | 100 points |
| Final Exam  | 100 points |
| Total | 535 Points |

**GRADING SCALE:**

A 482-535 Exceptional

B 429-481 Above Average

C 376-428 Average

F Below 376 Academic Failure

**GRADING CRITERIA:**

**A:** Exceeded expectations. Superior quality on all assignments.

**B:** Meets all expectations as specified in the course syllabus in a laudatory, commendable, and professional manner.

**C:** Meets minimum course requirements.

**F:** Did not meet minimum course requirements.

A *grade of* ***A*** represents work which is of superior quality, well-researched, or unusually insightful and exceeded expectations; *B work* meets expectations according to the syllabus and is that which is thoughtful, commendable, and above the group average; ***C*** *work* meets minimum but does not exceed expectations; ***F*** *work* is inadequate, incomplete, poorly organized and presented, or shows evidence of little thought or integration of concepts.

**Grading Rubric for Weekly Discussion Board**

When writing your discussion board posts please keep the following grading rubric in mind.

**WEEKLY DISCUSSIONS** The questions I will have in mind when I am reading your weekly discussions (10 points for Original Post + 10 points for your Response Posts = 20 points)

1. RESPONSIVENESS: Did the student answer the Discussion Board questions and respond to other students based on the Discussion Board Instructions or response prompt? (2.5 pts.)
2. CONTENT KNOWLEDGE: Does the posting and response show that the student learned and integrated/applied the information presented? Is the student’s demonstration of knowledge and skill attainment accurately conveyed? (2.5 pts.)
3. QUALITY OF WRITING: Does the student demonstrate graduate-level writing in postings and responses? (2.5 pts.)
4. CONTRIBUTION TO THE DISCUSSION: Does the student’s participation forward the discussion and make a difference in the discussion? (2.5 pts.)

**Grading Rubric for Papers**

Each student should keep the following grading rubric in mind.

The questions I will have in mind when I am reading your papers:

1. APA Formatting – Is the paper written in APA format as described in the American Psychological Association’s *Publication Manual of the American Psychological* *Association* (6th ed.). (10% of grade)

1. Responsiveness - Did the student respond adequately to the paper or writing assignment? Does the student respond to the assigned or selected topic; demonstrates insight a meaningful way? Is the student’s paper substantive and evidence-based; demonstrates that the student has read, viewed, and considered the learning resources in the course?
2. Content Knowledge - Does the content in the paper or writing assignment demonstrate an understanding of the important knowledge the paper/assignment is intended to demonstrate?
3. Quality of Writing - Does the student demonstrate graduate-level writing in papers and written assignments? Did the student adhere to APA format?

**Weekly Assignment Calendar**

| **Structure Type** | **Topic To Be Covered During This Period** | **Meets These Course-Level Objectives or Competencies** | **Module/ Unit Name** | **Learning Activities** |
| --- | --- | --- | --- | --- |
| Week 1 | 1. Drugs and Behavior Today

 1. Drug-Taking Behavior: Personal and Social Issues
2. How Drugs Work in the Body and on the Mind
3. History of Drug Use in America
4. Clinical Issues in Treatment
 | 5, 6, & 8 | Drugs in Society/Drugs in Our Lives  | **Readings**1. Drugs, Behavior, and Modern Society: pgs. 1–882. Chapter 2**:** A History of Drug Use in America/ <http://www.udel.edu/soc/tammya/pdf/crju369_history.pdf>3. Substance Abuse-Clinical Issues in Intensive Outpatient Treatment: pgs. 1-58.http://www.ncbi.nlm.nih.gov/books/NBK64093/pdf/Bookshelf\_NBK64093.pdf**Videos**See Weekly Assignment for list of videos for the week**Projects**Reaction Paper 1 is due no later than Monday, July 11th, 2016 at 11:59PM EST**.** **Assessments****Discussion Board**: Initial posting due no later than Friday, July 8th at 11:59PM EST; Response to a fellow student’s post is due no later than Monday, July 11th, 2016 at 11:59PM EST. **Quiz 1 is due no later than Monday, July 11, 2016 at 11:59PM EST.**  |
| Week 2 | 1. The Major Stimulants: Cocaine and Amphetamines

 1. Opioids: Opium, Heroin, and Opioid Pain Medications
2. LSD and Other Hallucinogens
3. Marijuana
4. Clinical Issues in Treatment
 | 7 & 9 | Legally Restricted Drugs in Our Society  | **Readings**1. Drugs, Behavior, and Modern Society: pgs. 89–1902. Substance Abuse-Clinical Issues in Intensive Outpatient Treatment: pgs. 59-114.http://www.ncbi.nlm.nih.gov/books/NBK64093/pdf/Bookshelf\_NBK64093.pdf**Videos** See Weekly Assignment for list of videos for the week**Projects**Reaction Paper 2 is due no later than Monday, July 18th, 2016 at 11:59PM EST. **Assessments****Discussion Board**: Initial posting due no later than Friday, July 15th at 11:59PM EST; Response to a fellow student’s post is due no later than Monday, July 18th, 2016 at 11:59PM EST. **Quiz 2 is due no later than Monday, July 18th, 2016 at 11:59PM EST.**   |
| Week 3 | 1. Alcohol: Social Beverage/Social Drug
2. Chronic Alcohol Abuse and Alcoholism
3. Nicotine and Tobacco Use

 1. Caffeine
2. Clinical Issues in Treatment
 | 7 & 9 | Legal Drugs in Our Society | **Readings**1. Drugs, Behavior, and Modern Society: pgs. 191–2922. Substance Abuse-Clinical Issues in Intensive Outpatient Treatment: pgs. 115-178.http://www.ncbi.nlm.nih.gov/books/NBK64093/pdf/Bookshelf\_NBK64093.pdf**Videos**See Weekly Assignment for list of videos for the week**Projects**Reaction Paper 3 is due no later than Monday, July 25th, 2016 at 11:59PM EST.**Assessments****Discussion Board**: Initial posting due no later than Friday, July 22, 2016 at 11:59PM EST; Response to a fellow student’s post is due no later than Monday, July 25, 2016 at 11:59PM EST. **Mid-term Exam is due no later than Monday, July 25th, 2015 at 11:59PM EST.**  |
| Week 4 | 1. Performance-Enhancing Drugs and Drug Testing in Sports

 1. Depressants and Inhalants
2. Prescription Drugs, Over-the-Counter Drugs, and Dietary Supplements

 1. Drugs for Treating Schizophrenia and Mood Disorders
2. Clinical Issues in Treatment
 | 4, 7, 9, 10 | Enhancers and Depressants/ Medicinal Drugs | **Readings**1. Drugs, Behavior, and Modern Society: pgs. 293-3382. Substance Abuse-Clinical Issues in Intensive Outpatient Treatment: pgs. 179-204.http://www.ncbi.nlm.nih.gov/books/NBK64093/pdf/Bookshelf\_NBK64093.pdf**Videos** See Weekly Assignment for list of videos for the week**Projects**Reaction Paper 4 is due no later than Monday, August 1, 2016 at 11:59PM EST.**Assessments****Discussion Board**: Initial posting due no later than Friday, July 29, 2016 at 11:59PM EST; Response to a fellow student’s post is due no later than Monday, August 1, 2016 at 11:59PM EST. **Quiz 3 is due no later than Monday, August 1, 2016 at 11:59PM EST.**  |
| Week 5 | 1. Substance-Abuse Prevention
2. Substance-Abuse Treatment: Strategies for Change
3. Confidentiality of Alcohol and Drug Abuse Patient Records (42 CFR – Part 2)
4. Clinical Issues in Treatment
 | 1,2,3,11 | Prevention,Treatment,andConfidentiality | **Readings**Drugs, Behavior, and Modern Society: pgs. 339-480Significant Events in the History of Addiction TreatmentSignificant Events in the History of Addiction Treatment and Recovery in America http://www.williamwhitepapers.com/pr/AddictionTreatment%26RecoveryInAmerica.pdfConfidentiality of Alcohol and Drug Abuse Patient Records (42 CFR – Part 2): pgs. 9-28<http://www.gpo.gov/fdsys/pkg/CFR-2010-title42-vol1/pdf/CFR-2010-title42-vol1-part2.pdf>**Videos**See Weekly Assignment for list of videos for the week**Assessments \*\*\*****Discussion Board**: Initial posting due no later than Friday, August 5, 2016 at 11:59PM EST. No Response to a fellow student’s post is required.**\*\*\*Comprehensive Final Exam is due no later than Friday, August 5, 2016 at 11:59PM EST.\*\*\***  |