

CONTRACTOR TITLE	OUTPATIENT THERAPY CONTRACTOR
LICENSING	<input type="checkbox"/> LICENSED <input type="checkbox"/> PROVISIONALLY LICENSED
CONTRACTED SERVICES	OUTPATIENT THERAPY
POSITION TYPE	CONTRACT
REPORTS TO	EXECUTIVE MANAGEMENT/CLINICAL DIRECTOR AND/OR MEDICAL DIRECTOR
CONTRACT DESCRIPTION	

CONTRACT PURPOSE

The contractor is responsible for providing contracted outpatient therapy services, including, but not limited to comprehensive clinical assessments, diagnostic assessments, outpatient psychotherapy, and psychological evaluations to children, youth, families, and/or adults. Services must be provided by fully licensed or provisionally licensed professionals actively involved in service delivery with a valid license to practice outpatient therapy.

The therapist must hold a valid license or provisional license (e.g., LCSWA, LCSW, etc.)

ESSENTIAL DUTIES AND RESPONSIBILITIES

Outpatient Therapy contractors provide outpatient therapy services to consumers.

All therapists will utilize evidence-based counseling skills and techniques that:

- Prioritize the safety and well-being of the consumer;
- Are fully explained to the consumer, with written consent obtained;
- Ensure that manipulation or exploitation of the consumer(s) is avoided.

Additionally, therapists are responsible for ensuring that all services rendered are properly authorized and that documentation of these authorizations is maintained in the consumer's medical record.

MAINTAINING PROFESSIONAL BOUNDARIES AND ETHICAL CODE

All therapists must adhere to the ethical codes of their respective licenses and YES Code of Ethics.

Ethical decision-making and consultation should consistently address potential ethical dilemmas, including but not limited to:

- Duty to Report and Duty to Warn
- Informed Consent
- Dual relationships and maintaining healthy boundaries
- Conflicts of interest
- Safety screening
- Prevention of unjustified gains and exploitation in therapeutic relationships
- Identifying the need for referrals to other providers
- Practicing within the professional scope and training.

COORDINATION WITH OTHER SERVICES

Therapists providing outpatient services, with written consent, will consult and coordinate with other mental health, medical, and service providers to ensure continuity of care for consumers involved in additional formal treatments, such as case management or medication management.

ACCOMMODATING CONSUMERS

Therapists are contracted with YES to provide services at convenient times and locations for consumers. Therapists must offer services during both daytime and evening hours, as appropriate, and consider transportation barriers when scheduling appointments. Services may be provided in the home, office, school, or virtually, when clinically appropriate.

INFORMED CONSENT

Consumers receiving outpatient services have the right to be informed about the therapist's professional background, training, and qualifications. Consumers must be informed about their rights, limits of confidentiality, and the option for another referral upon request. Therapists must collaborate with consumers to set mutual goals and develop an outpatient treatment plan. Consumers have the right to be fully informed about their diagnosis and treatment recommendations.

COORDINATING RECOMMENDED SERVICES

If a consumer is not engaged in an enhanced service and lacks a "clinical home," the outpatient therapist will be responsible for referring the consumer to other recommended services outlined in the clinical assessment. These services may include:

- Psychiatric or medication evaluation
- Medical treatment services
- Psychological testing
- Substance abuse assessment or services
- Neurological testing or services

Referral to a licensed substance abuse professional is required for consumers with a primary substance abuse diagnosis.

OTHER POSITION CHARACTERISTICS

- The accuracy of work performed in this position directly impacts treatment outcomes for consumers and their families. Precision is crucial, particularly in managing emergencies and preventing unnecessary hospitalizations. Effective and efficient allocation of fiscal resources is essential to support and achieve the primary goals of children's services. This requires strong visual, perceptual, verbal, and written communication skills.
- The consequences of errors can vary, from minimal to severe, depending on the nature of the mistake.
- Knowledge of YES best practices, guidelines, confidentiality protocols, professional treatment standards, DSM-V, and LME-MCO Program guidelines is required.
- Ongoing supervision meetings, staff meetings, and Child and Family Team meetings (as needed) will be held to ensure consistent collaboration and support.
- Regular communication with YES clinical and administrative staff is expected, along with some contact with legally responsible persons (LRP) and extensive interaction with staff from community agencies, schools, and juvenile justice.
- Minimal physical effort is required to meet the demands of this position.
- The position will primarily be performed in community, office, virtual or telehealth settings.
- Visual observation of staff interactions with consumers and peers is essential for training, evaluation, and ensuring proper resource allocation. This is also necessary for assessing consumer treatment.
- Intense mental concentration is required for managing consumers in crisis, completing medical record documentation and other paperwork, communicating with community officials, evaluating potential emergency placements, and more.
- All necessary safety measures will be followed to protect consumers and staff when required.