# North Carolina Central University

# School of Education



Counselor Education Student Handbook

# **North Carolina Central University**

# **Counselor Education Program**

Developing Leaders Who Promote Social Justice and Dedicate Themselves to the Well-being of the

Global Community

H. M. Michaux, Jr School of Education Building 700 Cecil Street; Durham, NC 27707 (919) 530-7289

Ms. Juls Joyner, Administrative Support Associate (<u>jjoyner@nccu.edu</u>)

Web page: <a href="http://www.nccucounseling.com">http://www.nccucounseling.com</a>

CACREP Accredited: <a href="http://www.CACREP.org">http://www.CACREP.org</a>

IRCEP Endorsed: www.IRCEP.org

Criteria C Licensed Clinical Additions Specialist Program: www.ncsappb.org







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# Meet the Counseling Faculty



#### Dr. Jeff Warren

Dr. Warren is the Associate Dean of the School of Education and an Associate Professor of Counseling. He is a Licensed Clinical Mental Health Supervisor and a Licensed Professional School Counselor. Dr. Warren is the author of School Consultation for Student Success: A Cognitive Behavioral Approach and co-author of Developing Online Learning in the Helping Professions: Online, Blended, and Hybrid Models. His research focuses on educational access and equity and includes Rational Emotive Behavior Therapy, noncognitive factors, school consultation, implementation science, and teacher beliefs.



# Dr. Chad Royal

Dr. Royal is a Professor of Counseling and the Chair of the Department of Allied Professions. Dr. Royal is a co-author of two textbooks, *Counselor as Consultant* and *Career Counseling: An Anthology of Relevant Career Counseling Research*. Dr. Royal is a Licensed Clinical Mental Health Counselor Supervisor with experience working in the counseling field in clinical mental health, school, non-profit organizations, and private practice. His primary research is the use of technology in counseling and counselor education. Dr. Royal has authored a digital wellness model.



# **Dr. Peggy Whiting**

Dr. Whiting is a Professor of Counseling and Coordinator of the Counseling Program. She is also a Licensed Clinical Mental Health Counselor Supervisor, a former Licensed Professional School Counselor, and a Fellow in Thanatology (grief counseling & education). Dr. Whiting's research & clinical practice area is crisis, trauma, and grief counseling. She is the current President of the International Association for Death Education & Counseling for 2021-22. She is also the recipient of the NCCA 2020 Administrator of the Year Award.



#### Dr. Jennifer Barrow

Dr. Barrow is an Associate Professor, Licensed Clinical Mental Health Counselor Supervisor in NC, a Licensed Professional School Counselor, and a National Certified Counselor. With over 10 years of professional school counseling experience, she has previous work experience in rural, urban, and Title 1 public high schools, as well as working in the private sector providing staff development. She has conducted groups related to female self-esteem, healthy relationships, and media influences. She was awarded the 2019 Counselor Educator of the Year from the North Carolina School Counseling Association. Dr. Barrow is the Director of the School Counseling track



# Dr. Alyx Beckwith

Dr. Beckwith is an Assistant Professor of Counseling with ten years of experience working as a Licensed Clinical Mental Health Counselor in a variety of settings, including pediatric primary care, college counseling, and private practice. She received her PhD in Counseling and Counselor Education from North Carolina State University and her master's in counseling from Teachers College at Columbia University. Dr. Beckwith's research interests center on wellness in parents and families as well as social justice counseling.



#### Dr. Latasha Hicks-Becton

Dr. Becton is an Assistant Professor of Counselor Education and a Licensed Clinical Mental Health Counselor. Dr. Becton has over a decade of clinical practice experience and specializes in the treatment of substance use disorders from initial experiences with abstinence to long-term recovery management. She continues her clinical work as a counselor at Fellowship Hall in Greensboro, NC. She served a three-year term as an appointed member of the American Counseling Association Ethics Committee and is now appointed to the Professional Standards Committee. Dr. Becton serves as a member of the National Board for Certified Counselors Foundation.



#### Dr. Taheera Blount

Dr. Blount is an Assistant Professor of Counseling & serves as our Field Site Coordinator. She is a Licensed Clinical Mental Health Counselor, National Certified Counselor, and Licensed Professional School Counselor. She has experience working with children, adolescents, and families as a school counselor and licensed clinician. Her research interests include reducing student retention among 9<sup>th</sup> and 10<sup>th</sup> graders, the use of spirituality and religion to overcome addiction and recovery and exploring the educational resiliency of students whose parents suffer from substance use disorders.



#### **Dr. Robert Horne**

Dr. Horne is an Assistant Professor of Counseling. He is a National Board of Certified Counselors and Substance Abuse and Mental Health Services Administration Minority Fellow. Dr. Horne is a Licensed Clinical Addictions Specialist and a Licensed Clinical Mental Health Counselor. He has extensive experience working with clients who are dually diagnosed with substance abuse and mental health disorders as well as trauma. Dr. Horne primarily teaches classes for students seeking the Licensed Clinical Addictions Specialist credential and directs the Addictions Certification Program initiative at NCCU.



# Dr. Kelly King

Dr. King is an Assistant Professor of Counseling and a Licensed Clinical Mental Health Counselor. She has a scholarly focus on culturally responsive skills and the development of counselors' multicultural orientation. Currently, she provides counseling services to persons in recovery from addiction at Triangle Residential Options for Substance Abusers (TROSA), with additional experience counseling teens and university students with diverse presenting concerns. Dr. King is the co-faculty advisor for the NCCU chapter of Chi Sigma Iota, the international counseling honor society.



# Dr. Kyla Kurian

Dr. Kurian is an Associate Professor of Counseling and a Licensed Clinical Mental Health Counselor. She has experience working with dually diagnosed college students, veterans and women in the USA and South Africa who are at risk for STIs, rape and physical violence. She completed a 3-year National Institute on Drug Abuse Diversity Fellowship at RTI International where she was trained in substance abuse and HIV interventions. Dr. Kurian serves as the Vice-Chair of the NC Board of Licensed Clinical Mental Health Counselors. Dr. Kurian is the Director of the Clinical Mental Health Counseling track.



# Dr. Helen Lupton-Smith

Dr. Lupton-Smith is an Associate Professor of Counseling who has multiple years of experience as a counselor educator. She has worked previously as faculty at North Carolina State University and North Carolina A&T State University. She has counseling experience in school, college, and primarily clinical mental health settings. Dr. Lupton-Smith's research interests are around supervision as well as a counseling model that promotes access, engagement, and wellness of underserved community members.



#### **Dr. Levette Scott**

Dr. Scott is an Associate Professor of Counseling and a Licensed Professional School Counselor. She is a Licensed Clinical Mental Health Counselor Associate. She has been a registered nurse for more than twenty years and a school counselor for ten years in the Bahamas specializing in career counseling. She has worked in hospital settings, high schools, and elementary schools. Dr. Scott serves as a co-advisor for the NCCU chapter of Chi Sigma Iota. Her research focuses on career development for student athletes and persons diagnosed with a chronic illness and on group interventions. Dr. Scott is the Director of the Career Counseling track.



# Dr. Regina Gavin Williams

Dr. Gavin Williams is an Assistant Professor & the Coordinator of the Higher Education Administration Master's Program. Dr. Williams' research focuses on the career and college readiness and self-sufficiency of adolescents aging out of the foster care system, training therapeutic foster caregivers, and assisting adolescents with post-secondary education and career decision-making. She also focuses on enhancing the multicultural and social justice counseling competencies of counselors-in-training. Dr. Williams is the Past President of the NC Association of Multicultural Counseling & Development and served as Member-at-Large, Government Relations on the 2017-18 NCCA Governing Council. She is the 2020 recipient of the NCCA Devoted Service Award.



# Ms. Juls Joyner

Ms. Joyner is our departmental Administrative Support Associate. She assists with all procedures, forms, protocol, and communications with faculty and other NCCU divisions. Ms. Joyner is the contact person for all departmental inquires. She is our end-all-be-all person without whom we could not smoothly operate! If you are wise, you will come to know who she is!

# **Accreditation** (All programs are presently being evaluated for reaccreditation beyond 2022)

The Career Counseling program at North Carolina Central University is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The accreditation runs through March 31, 2022. Both the online and campus programs are CACREP accredited.

The Clinical Mental Health Counseling program at North Carolina Central University is accredited by CACREP. The accreditation runs through March 31, 2022. Both the online and campus programs are CACREP accredited.

The School Counseling program at North Carolina Central University is accredited by CACREP. The accreditation runs through March 31, 2022. Both the online and campus programs are CACREP accredited.

The Licensed Clinical Addictions Specialist Program is designated as a Criteria C program by the North Carolina Addictions Specialist Professional Practice Board.

# **Faculty & Staff Directory**

All full-time faculty hold doctoral degrees. Their areas of specialty and research interests are diverse.

# Jennifer Barrow, Ph.D., North Carolina State University

Associate Professor, School Counseling Track Director

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# Alexandra Beckwith, Ph.D., North Carolina State University

**Assistant Professor** 

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# Latasha Hicks-Becton, Ph.D., University of North Carolina at Greensboro

Assistant Professor

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# Taheera Blount, Ph.D., North Carolina State University

Assistant Professor, Coordinator of Field Site Placement

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# Robert Horne, Ph.D., North Carolina State University

Assistant Professor, Director of Addiction Certification Program

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# Juls Joyner, Administrative Support Associate

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Associate Professor, Clinical Mental Health Counseling Track Director

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Associate Professor

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# Chad Royal, Ph.D., North Carolina State University

*Professor, Allied Professions Department Chair* (919) 530-6465 Office – #2127

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# Levette Scott, Ph.D., University of South Florida

Associate Professor, Career Counseling Track Director (919) 530-6212 Office – #2123

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# Jeff Warren, Ph.D., North Carolina State University

Associate Dean, School of Education (919) 530-5180 Office – #2066 jwarren7@nccu.edu

# Peggy P. Whiting, Ed.D., Vanderbilt University

Professor, Coordinator of Counselor Education (919) 530-6182 Office – #2124 pwhiting@nccu.edu

# Regina Gavin Williams, Ph.D., North Carolina State University

Assistant Professor, Coordinator of Higher Education Administration (919) 530-7553 Office - #2083 rwill233@nccu.edu

# Organization of the Program

The Counselor Education Program at North Carolina Central University is housed within the Department of Allied Professions which consists of two graduate programs, Counselor Education and Higher Education Administration. Counseling graduates approximately 30 graduates a year in three specialty areas: clinical mental health, career, and school counseling. Students may apply for admission to either the campus or online programs in all three of these specialty tracks. In addition, the Program offers four classes required for the clinical addictions specialty license. The Counselor Education Program is fully accredited by the Council for the Accreditation of Counseling & Related Educational Programs (CACREP). Students may prepare for the National Certified Counselor credential offered by the National Board of Certified Counselors, the NC Licensed Clinical Mental Health Counselor Associate credential offered by the NC Board, the Certified Career Counselor credential offered by the National Career Development Association and the Licensed Professional School Counselor credential granted by the NC Department of Public Instruction. Additionally, the counselor education program is recognized as a Criteria C school for Licensure as a Clinical Addictions Specialist (LCAS). The Master of Arts degree in Counselor Education is completed within one of the three specialization tracks although a student may decide to become a dual major and complete all requirements for more than one course of study. Dual majors must complete a minimum of 18 additional semester hours of credit including a 600-hour internship in a setting appropriate for that second major.

All program tracks share core courses fundamental to becoming a competent counselor and each track includes specialty classes designed to expand the knowledge base of a particular specialization in clinical mental health, school, or career counseling. A major emphasis of the training is on culminating clinical experiences in partnership with local agencies and organizations, community service entities, and universities and schools. All students complete supervised field placement in both practicum (100 clock hours) and internship (600 clock hours).

Courses are offered on campus, through online instruction, and in hybrid formats that combine campus and online learning. Students may complete a thesis if they desire to engage in original research. Several electives are offered both within the program and in other related NCCU graduate programs.

#### COUNSELOR EDUCATION PROGRAM MISSION

The Counselor Education Program prepares counselors to work in clinical mental health, school, and career counseling settings who promote social justice and responsibility, serve as leaders in a diverse and global community, and respond to the complexity of human needs across the lifespan. Faculty is expected to teach and mentor students, serve the community and counseling profession, and promote intellectual advancement through conducting and disseminating research.

#### **COUNSELOR EDUCATION PROGRAM OBJECTIVES**

The program develops counselors who:

- 1. Develop a theoretically solid philosophy of practice integrating research data into evidence-based practices.
- 2. Apply knowledge, skills, and dispositions consistent with the ACA Code of Ethics.
- 3. Formulate a professional identity that responds to the needs of their client populations while utilizing culturally competent practices and appropriate assessment tools and procedures.
- 4. Act with expertise in individual, group, and family counseling with diverse clients on personal, social, emotional, career, and educational issues that impact development across their lifespan.
- 5. Develop leadership ability and advocate to meet client needs and to remove individual and systemic barriers to development and consult with other professionals concerning the developmental needs of culturally diverse clients.
- 6. Build and sustain collaborative partnerships with stakeholders for promoting social justice, equity, and access.

# Clinical Mental Health Counseling Mission and Program Learning Outcomes

The mission of the clinical mental health counseling program is to prepare counselors who will work in clinical capacities in a variety of mental health settings including agencies, private practice, hospitals, and prisons. The program provides students with comprehensive curricular and supervised experiences for professional licensure with the North Carolina Board of Licensed Clinical Mental Health Counselors and for initial preparation in other mental health counseling specialty areas. This specialization track is 60 semester hours, and 3 additional classes are required if the student also desires to become licensed as a clinical addictions specialist. The clinical mental health counseling program may be taken on campus or online with two required campus residencies.

The clinical mental health counseling program has the following program learning outcomes. The program develops clinical mental health counselors who will:

- 1. Counsel with cultural competence all individuals, groups, and families and advocate for equity and social justice in a diverse world.
- 2. Apply ethical and legal considerations specifically related to the practice of clinical mental health counseling, including credentials, profession standards, and management of clinical mental health programs.
- 3. Use diagnoses, diagnostic criteria, and diagnostic tools to interview, evaluate, assess, and manage a caseload with assigned clients dealing with mental and emotional disorders.
- 4. Evaluate the impact of crisis, disasters, and other trauma- causing events on people and identify how counselors can tie into emergency management response.

# **School Counseling Mission and Program Learning Outcomes**

The mission of the school counseling program is to prepare school counselors who will demonstrate the professional knowledge, skills, and practices necessary to promote the academic, career, and personal/social development of all K–12 students. The school counseling program provides students with all the curricular and supervised experiences required by the Department of Public Instruction (DPI) for NC licensure as a professional school counselor. Students must successfully pass the Praxis II specialty test in school counseling in addition to completing the 60-hour plan of study in order to be licensed by the DPI. The school counseling program may be taken on campus or online with two required campus residencies. The school counseling program has the following program learning outcomes. The program develops school counselors who:

- 1. Implement a comprehensive developmental counseling program that is data-driven in elementary, middle, and secondary schools based upon the ASCA National Model.
- 2. Identify and evaluate the academic, career, and personal/social development of all K-12 students, including those with special needs.
- 3. Apply legal and ethical standards related to school counseling and educational policy.
- 4. Counsel with cultural competence all individuals and groups and advocate for an equitable school climate that removes barriers to effective learning.

# **Career Counseling Mission and Program Learning Outcomes**

The mission of the career counseling program is to prepare students to work as career development professionals with people of all ages in a variety of settings. These settings include, but are not limited to, career services delivery in colleges, universities, community colleges, K-12 public and private schools, nonprofit organizations, and private companies. The career counseling program is 60 hours and may be taken on campus or online with two required campus residencies. Graduates of the Career Counseling Program qualify for the Certified Career Counselor credential offered by the National Career Development Association. NCCU is the first CACREP accredited online career counseling program in the United States.

The career counseling program has the following program learning outcomes. The program develops career counselors who:

- 1. Apply techniques of career development, career counseling, career choice, career programming, and associated information delivery with consideration of personal, family, and cultural differences.
- 2. Organize, administer, and evaluate a data-driven career counseling and development program.
- 3. Identify, select, administer, score, and correctly interpret and report appropriate career assessment tools with clients.
- 4. Apply legal and ethical standards specific to the practice of career counseling.

# **Course Numbers and Names**

CON 5303 Introduction to School Counseling CON 5304 Advanced School Counseling CON 5305 Special Topies: Human Sexuality; Clinical Supervision CON 5306 Introduction to Addiction Counseling CON 5307 Crisis, Trauma and Grief Counseling CON 5308 Counseling Children and Adolescents CON 5310 Theories and Techniques of Counseling CON 5320 Vocational Theory and Career Development CON 5321 Introduction to Family Counseling CON 5325 Advanced Career Counseling CON 5326 Traditional and Contemporary Issues in Addictions CON 5327 Prevention, Treatment, & Intervention of Alcohol, Drug, & Behavioral Addictions CON 5328 Alcohol, Drug, and Behavioral Addictions: Family and Crisis Interventions CON 5331 Psychosocial Development and Behavioral Dynamics CON 5340 Counseling Students with Special Needs CON 5350 Clinical Interventions in Events of Crisis, Grief and Trauma CON 5351 Principles and Procedures of Group Counseling CON 5360 Multicultural and Gender Issues in Counseling CON 5361 Assessment, Evaluation and Analysis in Counseling CON 5371 Pre-practicum in Counseling CON 5372 Supervised Practicum in Counseling CON 5373 Consultative/Referral Processes in Counseling CON 5381 Introduction to Clinical Mental Health Counseling CON 5390 Internship in Counseling EDGR 5910 Introduction to Statistical Methods	CON 5201	Ethical and Professional Orientation to Counseling
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CON 5390 Internship in Counseling EDGR 5910 Introduction to Statistical Methods	CON 5373	Consultative/Referral Processes in Counseling
EDGR 5910 Introduction to Statistical Methods	CON 5381	Introduction to Clinical Mental Health Counseling
	CON 5390	Internship in Counseling
EDGR 5020 Procedures in Educational Research	EDGR 5910	Introduction to Statistical Methods
EDGK 3720 Troccdures in Educational Research	EDGR 5920	Procedures in Educational Research

# **Advising Process and Procedures**

Each student is assigned an academic advisor as your central point of contact for registration, career pathing decisions, troubleshooting, and general guidance. You will work with this advisor to set up your class sequence. Midway through each semester you should contact your advisor to pre-register for the next semester. It is critical that you register at the appropriate time since Counselor Education courses have a tendency to reach maximum capacity quickly. You have been assigned a Banner ID number that begins with 820. This will allow you to access myEOL. To do so, go to <a href="https://www.nccu.edu">www.nccu.edu</a> and select "myEOL." You will need an NCCU email account and password to log into the system. During orientation, you received information on how to set up an NCCU email and password. Initially your Banner Student PIN Number will be your date of birth. For example, if you were born on June 1, 1980, your Banner Student PIN Number would be 060180. Once you log into "Self-Service Banner" (Banner SSB New) you will receive a message that your PIN has expired. You will select a new PIN. Make sure you remember this PIN because you will need this throughout your program of study.

After you log into myEOL, select "Banner SSB." Select "Student and Financial Aid" followed by "Registration" and then "Add/Drop Classes." Select the Term you wish to register for and eventually you will be prompted to provide an alternate PIN. Your alternative PIN is provided to you by your advisor and changes each semester. The alternate PIN is changed every semester to insure that you and your advisor meet at least twice each academic year. Once you input your alternate PIN you will be taken to the "Add/Drop Classes" menu. Select "Class Search." You will find Counselor Education courses under "Counselor Education." Statistics and Educational Research courses will be found under "Educ in Grad and Prof Studies." Special Education courses are found under "Educ of Exceptional Children." At times, you may have difficulty registering for a course. For example, you could receive an error message like "Prerequisite Required." If you have trouble registering for a course, email your advisor and copy Juls Joyner (jjoyner@nccu.edu). Include your Banner ID number as well as the course reference number (CRN), course number, and section of the class you are trying to take. We will help troubleshoot registration problems.

# **Registration Advising**

It is essential that you communicate with your advisor on a regular basis. You should also look for announcements on the student section of the Program website (<a href="www.nccucounseling.com">www.nccucounseling.com</a>) at least <a href="www.nccucounseling.com">weekly</a> so you can remain up to date regarding any information you need. Please subscribe to our listsery at <a href="nccucounseling.com">nccucounseling.com</a>. By doing this, you will receive bi-weekly newsletters and other alerts.

Registration for any semester begins on the day that Banner opens for students. The registration period is limited to the periods listed on the NCCU Website (<a href="www.nccu.edu">www.nccu.edu</a>). You are permitted to enter classes at all times Banner is open. Banner allows students to register online with your ALTERNATE pin number given to you by your advisor. This ALT pin changes each semester to ensure you are meeting with your advisor before registering for classes. You may also drop or add classes with Banner. Banner allows students to check course availability as well as your account summary. Some courses have restricted access that demands an override form for registration. Your advisor will alert you if/when you need the override form for a particular course.

There is a late registration period that begins just prior to the first days of classes. All students who have not completed registration and paid their bills in full before the first day of classes are charged a late registration fee. Students who have registered but have not completely paid their bills by this date will have their classes dropped, be charged a late registration fee, and must begin registration over again.

A drop/add period begins with the first day of classes and only continues for several days. Classes may not be added after the drop/add period.

Graduate students may take 9 hours without restriction. Students who wish to take more than 9 hours need to have approval from their advisor and the Department Chair. Students using financial aid must take a minimum of 6 hours. For more information on registration see the graduate catalog (when the web page comes up, look for the drop down menu and highlight 2020-2021 Graduate School Course Catalog).

#### Academic expectations and policies

The Counselor Education Program follows the universities policies regarding academic requirements. The University recognizes the grades that follow in the evaluation of the performance of graduate students:

- A Work of superior quality
- B Satisfactory passing work
- C Low passing work
- I Work that has not been fully completed. A grade of I is only given in extreme circumstances. (This does not apply to a thesis. The work must be completed within one year of the grade or the course will have to be repeated for credit.)
- W Represents withdrawal from all courses for the semester
- WC Represents withdrawal from the course
- F Failure
- PR This is given for thesis enrollment.
- AU Represents audited course

A cumulative GPA of at least a 3.0 is required for graduation. A student may not graduate with more than one C. When a second C is earned, the student must retake one of the courses where a C was earned.

# **Satisfactory Progress and Academic Dismissal**

When a student's cumulative grade point average falls below a 3.0, she/he is automatically placed on academic probation for up to one calendar year. Failure to raise the cumulative grade point average to 3.0 within one calendar year will result in dismissal from the program.

A student who receives a grade of "F" may not continue in graduate school. A student who receives a grade of "C" is automatically placed on probation. A second grade of "C" results in dismissal from the program. Students may not graduate with more than one C.

# **Grade Appeal Policy and Grievance Procedures**

A student enrolled in the School of Education who believes that she/he has received an improper grade in a course is accorded due process on this matter. The procedures described below must be followed in order for a student to appeal a grade. Any action taken by the student must be taken within 30 days of the end of the term.

# NCCU SCHOOL OF EDUCATION ACADEMIC GRADE APPEALS POLICY

The grade appeal policy is intended to provide a standardized, formal process for graduate students to resolve instances of alleged unfair or improper treatment in academic matters. The policy seeks to protect both students and faculty from acts of caprice, while preserving the integrity of the teaching/evaluation process. The policy is written to be consistent with the university's concern for due process through a system of appeals.

A student is allowed to remain in class during an appeal except in cases where the student's remaining in class would endanger human life or the integrity of the academic program.

Step 1: A student who believes that he or she has been graded unfairly or improperly must first schedule a conference with the concerned faculty member to attempt to arrive at a mutual understanding and to resolve any differences in an informal, cooperative manner. The student must express the appeal clearly, in writing, and listen to the instructor's rationale. The meeting should be scheduled within 10 class days of the incident or two weeks after the student could reasonably be expected to be informed of the assigned grade.

Step 2: If consultation with the instructor is impractical (e.g., death of the instructor or instructor is no longer at NCCU) or if the student is dissatisfied with the results of the initial conference with the instructor, the student must seek the assistance of the department chair within five class days of meeting with the instructor. If the instructor involved is the department chair or if a satisfactory solution is not reached, the student should seek the assistance of the associate dean. This contact should be made within five days of the meeting with the department chair. The associate dean's role is to guide the student through the remaining steps of the appeals process. In no way is the role of the associate dean to be construed as that of advocate for either the student or the instructor.

Step 3: A student may choose to file a formal grievance. However, a formal grievance may be filed only after conferring with the associate dean. The grievance must include the following: (a) date of incident; (b) date of first meeting with instructor; (c) reasons for which the student contends that the assigned grade is improper or unfair; (d) reasons for which the student believes that the grade should be changed or for why other corrective action should be taken; and (e) copies of any and all pertinent examinations, papers, and other relevant materials.

Step 3a: To file a formal grievance, the student must submit four copies of the formal grievance to the associate dean. This formal grievance should be submitted on the form designed for that purpose. The grievance must be filed with the associate dean within 20 class days of the initial meeting with the instructor (Step 1).

(In cases of doubt concerning time limits, the associate dean will determine whether proper procedures have been followed.)

Failure to meet these deadlines forfeits the student's right of appeal under this policy. Further, it is understood that only issues documented in the grievance statement will be considered at the subsequent hearing.

Step 4: After a formal grievance has been filed, the associate dean must within two class days forward a copy of the student's grievance to the instructor, the instructor's immediate supervisor, and to the chairperson of the unit's Grade Appeals Board.

Step 5: The chair of the unit's Grade Appeals Board shall convene a meeting of the board not sooner than five and no later than 10 class days after receipt of the grievance statement. In a closed hearing, the student shall present the grievance, including any additional supporting evidence and pertinent arguments. The instructor will be allowed to respond to the student's grievance in the meeting.

Decisions by the Grade Appeals Board shall be determined as follows:

A vote concerning the student's grade appeal shall be taken by the faculty board members and a separate vote shall be taken by the student board members. If a majority of the faculty group or a majority of the student group vote against the student's appeal, the student's appeal is denied. If a majority of either group votes in favor of the student's appeal, the board shall recommend that the student appeal be granted.

Step 6a: If an appeal is determined to be unfounded at the hearing, the chair of the appeals board shall provide written notification of that fact to the student, the faculty member, and the immediate supervisor.

Step 6b: If an appeal is deemed valid, the appeals board shall forward its recommendation to the appropriate dean, including a written account of its deliberations and its recommendations for redress. The dean shall take whatever action is deemed appropriate.

Step 7: Should either the student or the faculty member be dissatisfied with the decision of the dean, a formal, written appeal may be made to the vice-chancellor for Academic Affairs, who will review all

written material and make final disposition of the appeal. This final appeal must be filed within five class days of notification of the decision of the dean.

# **Exceptions to the procedure**

If a student is unable to file an appeal because it is the end of classes for a spring or a summer session, the student must, within 20 days of the end of that session, notify the concerned instructor and department chair in writing of his or her intention to appeal a grade when classes resume in the fall. The timetable described in Step 1 is initiated by the beginning of classes in the fall semester.

In the event that the aggrieved student is graduating, a separate process designed to expedite the matter will be followed. The latter process is described as follows:

Step 1: Conference with instructor

Step 2: Conference with department chair or associate dean if the matter cannot be resolved in the department.

Step 3: Meet with appeals board. To expedite the matter, the appeals board will establish a time to hear any grievance for which redress is sought. Such a time for hearings should be set not less than 24 hours before the graduation ceremony is scheduled to begin.

# NCCU SCHOOL OF EDUCATION GRIEVANCE APPEALS POLICY APPROVED BY THE SCHOOL OF EDUCATION FACULTY NOVEMBER 1, 1994

A student enrolled in a course or using the computer laboratories or other facilities in the School of Education who believes he/she has received incorrect or improper assessment or treatment by a faculty or staff member will be allowed to make an official complaint using the following procedures. To report such an incident, the student must initiate the report within 30 days of said incident.

<u>Step 1.</u> The student is advised to schedule a conference with the involved faculty or staff member to attempt to clarify, arrive at mutual understanding, and resolve the dispute in an informal, cooperative manner.

Step 2. If the conference with the faculty or staff member does not result in a satisfactory resolution, the student will contact, in writing, the Department Chair in the School of Education requesting a conference. A copy of this letter must be sent to the involved faculty or staff member. This contact must be made within 10 working days of the conference with the faculty or staff member. The Department Chair will listen to the student's complaint of inaccurate or improper assessment or treatment and review the steps of this procedure, should the student choose to file a complaint. The Department Chair will confer with both the involved student and the involved faculty member and attempt to mediate the dispute, but the role of the Department Chair in no way is to be construed as that of an advocate for either the student or the faculty or staff member.

In the case of a student enrolled in a School of Education course, but having no assigned department, or where the Department Chair is the concerned faculty or staff member, Step 2 may be omitted.

Step 3. If the meeting with the Department Chair does not result in a satisfactory resolution, and the student wishes to file a formal complaint, the student will provide a written statement explaining the complaint. An undergraduate student will send the written statement to the Assistant Dean and Director of Teaching Education, while a graduate student will send the written statement to the Associate Dean for Graduate Studies. This letter must be received in the appropriate office within 10 working days of the meeting with the Department Chair. This written statement must include:

- 1. the name, address, and phone number of the student filing the complaint,
- 2. the name of the faculty or staff member,
- 3. the nature of the complaint,
- 4. the date of the meeting with the faculty or staff member (Step 1),
- 5. the date of the meeting with the Department Chair (Step 2), and
- 6. copies of pertinent materials.

<u>Step 4.</u> After receipt of the student's written statement, the Assistant Dean or Associate Dean may arrange a meeting of the concerned student, the concerned faculty or staff member, and the Assistant Dean or Associate Dean within 10 working days of receipt of the statement in an attempt to settle the

matter in an informal, cooperative matter. If this meeting results in satisfactory resolution, no formal complaint will be recorded, and the student's written statement will be returned to the student.

<u>Step 5.</u> If the meeting in Step 4 does not result in satisfactory resolution, the Assistant or Associate Dean will share, within five working days, the student's written complaint with the involved faculty or staff member. The involved faculty or staff member may prepare a rebuttal statement for the official record. The statements of complaint and rebuttal will be filed in both the student's and the faculty or staff member's permanent files within the School of Education.

<u>Step 6.</u> Should either party wish to appeal the action in Step 5, the written statement and a request for a hearing will be directed to the School of Education Academic Appeals Committee (AAC) by the Assistant or Associate Dean. This action must be taken within five working days of the Assistant or Associate Dean's notice in Step 5. Either party must send a copy of such a request to the concerned parties.

The Chairperson of the AAC will call a meeting of the Committee for the purpose of a hearing (to be held within ten working days after receipt of the request for a hearing). The AAC Chairperson will notify the student and involved faculty or staff member (by email, phone, or registered letter) of this meeting.

Step 7. The Chairperson of the AAC will convene a closed hearing in which the student or faculty or staff member will present the complaint or defense, including any supporting evidence and pertinent arguments. The other party will be allowed to present arguments supporting the complaint or defense. Both student and instructor have the option of presenting their statements and documents in writing only, rather than appearing at the hearing in person. Only issues alleged or documented in the original written statement (Step 3) will be considered at the hearing. After the parties are dismissed (should they choose to attend the hearing,) the AAC will determine by majority vote the outcome of the appeal. The Chairperson of the AAC will provide written notification of the outcome of the AAC's voting in the form of a recommendation to the Dean.

<u>Step 8.</u> The Dean will make the final decision after receiving the recommendation of the AAC and reviewing all prior correspondence relative to the grievance. The decision will result in the formal complaint and defense either being retained in or omitted from the involved parties' permanent records. The Dean will provide written notification of the decision to the Chairperson of the AAC, the student, the faculty or staff member, the Assistant Dean and Director of Teacher Education or Associate Dean for Graduate Studies, and the Department Chair.

# **Dispositions**

The NCCU Counselor Education Program is committed to admitting, retaining, and graduating students who are a good fit for the nature of the work of being a capable counselor. We have university policies surrounding academic expectations, GPA, and standing in the program. Each student is assigned an academic advisor who will regularly meet with them for academic planning and performance. Sometimes a student might find challenges with being in the role of a counselor. The student may recognize these difficulties, or they may receive feedback from faculty and others in the field indicating the counseling role may not be the best career option and fit. We are concerned about the well-being of our students and their readiness to engage in the responsibilities and ethics of counseling. The faculty serves as gatekeepers for the counseling profession, meaning we are ethically bound to discern best fit in terms of attitudes, characteristics, skills, judgment, and dispositions. We assess these non-academic but essential factors from the onset of applicant interest in the program and during the application interview.

In some cases, however, dispositions reveal themselves after admission is granted. Faculty discusses the progress of each student on a regular basis and any concerns are addressed with a plan of action for remediation and re-evaluation. The program also has formal points of review. One critical evaluation occurs at the Mid-Program Review which happens as the student is moving from Pre-Practicum into Practicum. This review allows the faculty to endorse students for readiness to engage in field supervision. If the student is not assessed as ready for site placement, a remediation plan is put into action with a written contract specifying what needs to be done and within what timeframe. The advisor serves as the contact person as the action plan unfolds. Additionally, the Counselor Education program has a committee structure to evaluate student conduct and progress (the Dispositions Committee). This assigned committee convenes when dispositional issues emerge. It is the responsibility of this committee to specify the remediation plan and outcome.

It is important that you understand the critical nature of the dispositions factor. As gatekeepers, faculty use best judgment in protecting the public from any questionable characteristic or behavior of a counselor-in-training that could impair professional and ethical service to clients. Faculty will give direct feedback when necessary and will direct the student toward resources that could help the student develop greater fit or redirect his/her career direction. The action plan could include not allowing the student to move ahead into supervised field experience. Faculty works with any student who is assessed to have these kinds of difficulties and options for remediation and remedy are given to the student with an appropriate timeframe before another evaluation is made. If at any time during the student's training, faculty receive information about unethical professional behavior or if the student is unwilling to comply with the requirements of the stated remediation plan in order to address fit for service, the student can be dismissed from continuation in the program.

# **Counselor-in-Training Disposition and Behaviors**

Counselor professional values provide a conceptual basis for ethical principles. These principles are the foundation for ethical behavior and decision making of counselors and counselors-in-training. The fundamental principles of professional ethical behavior are

- autonomy or fostering the right to control the direction of one's life.
- nonmaleficence or avoiding actions that cause harm.
- beneficence or working for the good of the individual and society by promoting mental health and well-being.
- justice or treating individuals equitably and fostering fairness and equality.
- **fidelity**, or honoring commitments and keeping promises, including fulfilling one's responsibilities of trust in professional relationships; and
- veracity or dealing truthfully with individuals with whom counselors come into professional contact.

# **Transfer of Graduate Credit**

Up to 12 hours of graduate work from other institutions may be transferred into your program of study upon approval of your faculty advisor and the School of Education Graduate Council. To request that course work be transferred, a student must complete the transfer request form located on the counseling website at <a href="http://www.nccucounseling.com/student2/index.php/forms">http://www.nccucounseling.com/student2/index.php/forms</a>. The form must be submitted with two official transcripts of the coursework to your Faculty Advisor. The course must have been taken within the past two years, the student must have earned a grade of B or better, and the course must meet CACREP standards for the transfer to be considered.

#### **Extension and Readmissions**

Students are given six years from the time they are admitted in their program to complete the master's degree. If circumstances arise beyond the student's control and he/she is not able to complete the degree, an extension for up to one year may be granted if requested in writing by the student. A student must have been admitted to candidacy and must be able to complete all degree requirements within the year that the extension is granted. Students receiving an extension of time to complete the degree requirements are subject to all program requirements in effect at the time the extension is granted and may be required to retake courses or to take additional courses.

All students who do not meet the extension guidelines or who have not taken courses within the last six years must reapply for admission. An **extension request** must be made to the Department Chair in writing. Students who are newly admitted but have not yet started classes, may request a **deferral** 

of admission for one semester. This must be done in writing with the Deferral of Admission Form provided on our website in order to secure the admission slot. Students who are enrolled in classes but need to withdraw may discuss this with their advisor and submit the proper withdrawal form located on our website. Students should be aware of the difference between withdrawal from classes and withdrawal from the university. Students who are enrolled and need to take a leave of absence for extenuating circumstances should discuss this with their advisor and submit the Leave of Absence Form on our website. All of these forms be found at <a href="http://www.nccucounseling.com/student2/index.php/forms">http://www.nccucounseling.com/student2/index.php/forms</a>.

# **Course of Study**

Graduate programs in Career, Clinical Mental Health and School Counseling offer courses leading to the Master of Arts degree in Counselor Education. The curricula are the same for the campus and online programs.

# Requirements for the Master of Arts in Counselor Education

All three concentrations require a cumulative GPA of 3.0 or higher. All three concentrations have the same required core courses. The core courses are divided into phases indicating the general sequence in which the courses are to be taken. Only Phase 1 courses are available to non-counseling majors.

#### **Core Courses:**

Corc	Core Courses.								
	Phase 1		Phase 2		Phase 3				
CON 5201	Ethical and Professional Orientation to Counseling	EDGR 5910	Introduction to Statistical Methods	EDGR 5920	Procedures in Educational Research				
CON 5310	Theories and Techniques of Counseling	CON 5361	Assessment, Analysis and Evaluation in Counseling	CON 5372	Supervised Practicum				
CON 5320	Vocational Theory and Career Development	CON 5373	Consultative/Referral Processes in Counseling	CON 5390	Internship in Counseling				
CON 5331	Psychosocial Development and Behavioral Dynamics	CON 5371	Pre-Practicum in Counseling						
CON 5360	Cultural Diversity and Gender Issues in Counseling								
CON 5351	Principles and Procedures of Group Counseling								

# COURSE DESCRIPTIONS (All Core and Specialty Track Courses)

# CON 5201. Ethical and Professional Orientation to Counseling (3)

This course is designed to provide an understanding of the ethical and professional issues in the field of counseling. Additionally, identity of the professional counselor, the characteristics of an effective counselor, and self-exploration in relation to that role are also examined.

# **CON 5303.** Introduction to School Counseling (3)

This course is an introductory course in the school counseling program and provides an in-depth overview to school counseling at the K-12 level. The class is designed so that students can comprehend the academic, career, and personal/social needs of all K-12 students, including those with special needs. This course is designed to give students an overview of current trends, practices, and policies of school counseling on the local, state, and national levels. Students will examine the American School Counseling National Model as the basis for developing a comprehensive, developmentally appropriate school counseling program in a K-12 setting.

## **CON 5304.** Advanced School Counseling (3)

Prerequisites: CON 5303. This course is an advanced course in school counseling designed for students to learn how to organize and administer a comprehensive, developmentally appropriate school counseling program in a K-12 setting. This course further examines contemporary issues within education, legal and ethical policies in school counseling, cultural competence critical for the diverse/global society, and proactive programming to meet the issues of children and adolescents.

# **CON 5305.** Special Topics: Workshop in Counseling (1-6)

This course involves special workshops and short intensive courses on theory, methods, supervision, and other special topics in counseling.

**CON 5306. Introduction to Addiction Counseling** (3) This course is designed to provide an overview of substance abuse counseling and psychopharmacology for clinical mental health counselors. Topics discussed include addiction issues, diagnosis, treatment planning and individual and group counseling strategies with diverse populations. Additionally, students will be exposed to the fundamentals of psychotropic medications. Basics of pharmacology, adverse effects, indications, and drug interactions will be discussed. Boundaries of practice and practical issues of assessment and referral will be covered.

#### CON 5307 Crisis, Trauma, and Grief Counseling (3)

This course will provide specialized instruction for candidates in the Clinical Mental Health Counseling concentration of the Counselor Education Program. Candidates will learn advocacy, consultation, crisis intervention and clinical strategies for assisting clients facing life changes, transitions across the lifespan, and loss and traumatic events.

#### **CON 5308 Counseling Children and Adolescents (3)**

This course expands on the Counseling Theories (CON 5310) course by providing a further evaluation of the theories, techniques, and strategies especially helpful when working with school aged populations and their families. The course explores counseling issues and provides specific techniques and strategies for working with children and adolescents with emphasis on supervised practice sessions. Discussions include methods for designing and evaluating treatment plans and the application of ethical standards and legal requirements with K-12 children.

# **CON 5310 Theories and Techniques of Counseling (3)**

This course provides a comprehensive study of the major approaches to counseling and psychotherapy, the philosophy, theorists, techniques, and research associated with them. Students will develop an initial philosophy of practice and will identify preferred treatment procedures for selected client problems.

# **CON 5320.** Vocational Theory and Career Development (3)

This course provides a survey of the major theories of career choice and development with demonstrations on how to translate these theories into meaningful practice in the counselor-client relationship. Candidates will demonstrate the ability to use computerized assistance guidance systems and career development techniques across the life span.

# **CON 5321. Introduction to Family Counseling (3)**

Prerequisites: CON 5201 & CON 5310. This course consists of an in-depth study of the history, theory, and practice of family therapy. The focus will be on the understanding of families, therapeutic approaches to working with families, special populations in family therapy, and professional issues in family therapy.

# **CON 5325.** Advanced Career Counseling (3)

Prerequisites: CON 5320. This course will provide specialized instruction for candidates in the Career Counseling concentration of the Counselor Education Program. Candidates will be provided instruction in the foundations of career counseling and the contextual dimensions of career counseling. Knowledge and skill requirements for career counselors will be emphasized, covering the application of career information systems, research and evaluation in career counseling, and ethical and legal issues specific to career counselors.

# **CON 5326 Traditional and Contemporary Issues in Addictions (3)**

This course is designed to give insight into the complex fields of traditional and current drug abuse, compulsive behaviors, treatment, recovery, and prevention. Additionally, this course will provide insight on a) traditions and philosophies of recovery treatment models and support groups; and b) ethics, confidentiality, and legal issues. It is further designed to give a global perspective on current issues in the addiction treatment field.

# CON 5327 Prevention, Treatment, & Intervention of Alcohol, Drug, and Behavioral Addictions (3)

This course focuses on substance use and behavioral health issues as related to addiction prevention, treatment, intervention, and their effective implementation with all individuals. The course will cover the 12 core functions of addiction counseling. Additionally, this course will cover prevention, treatment and intervention methodologies related to substance use.

#### CON 5328 Alcohol, Drug, and Behavioral Addictions: Family and Crisis Interventions (3)

This course examines the range of substance abuse issues impacting the family system, including crisis intervention. Topics will include a) etiology of substance abuse and addiction within the family; b) impact upon members of the system and its dynamics; c) family and crisis interventions and treatment approaches; and d) long-term recovery issues associated with family and crisis interventions.

# **CON 5331.** Psychosocial Development and Behavioral Dynamics (3)

This course provides a focus on the developmental process and the behavioral dynamics of individuals over the life span. Theories of personality and their relevance for client understanding will be explored.

# **CON 5340.** Counseling Students with Special Needs (3)

This course provides an overview of the role of the school counselor in the education of children with special needs. This course will explore strategies for collaborating with community agencies that provide case management, range of therapies, health, counseling, social and recreational, vocational, work-place-training, independent living, and adaptive/assistive technology. This course is required for all school counseling majors.

# CON 5350. Clinical Interventions in Events of Crisis, Grief and Trauma (3)

This course presents contemporary best practice interventions in events of crisis, grief, and trauma. This course educates helping professionals in crisis response leadership, psychological first aid, and trauma-informed care principles in schools, clinics, and communities. This course is required for all school counseling majors.

# **CON 5351.** Principles and Procedures of Group Counseling (3)

Prerequisites: CON 5201 and CON 5310. This course provides a study of the dynamics, processes, and functions of group work in counseling. Candidates will identify the therapeutic forces for behavioral change within a counseling group. Students will develop the skills to lead a group and, through participation in a group, will demonstrate their ability for interaction and growth.

# **CON 5360.** Multicultural and Gender Issues in Counseling (3)

This class gives an overview of the knowledge base from the research on multicultural counseling and gender issues as they relate to counselor effectiveness. The course will provide experiential opportunities for awareness enhancement and skill building for practitioners in diverse cultural contexts. Multicultural critical incidents will be examined.

#### CON 5361. Assessment, Evaluation and Analysis in Counseling (3)

Prerequisites: Phase 1 completion. This class provides an examination of the clinical skills used in client assessment and diagnosis with an overview of the Diagnostic and Statistical Manual of Mental Disorders. Experience in selecting, administering, scoring and interpreting tests and other assessment tools commonly used by counselors will be provided.

# CON 5362. Diagnosis, Assessment and Psychopathology (3)

Prerequisites: Phase 1 and CON 5361completion. This class provides an advanced examination of the clinical skills used in client assessment and diagnosis with an overview of the Diagnostic and Statistical Manual of Mental Disorders. Experience in selecting, administering, scoring and interpreting tests and other assessment tools commonly used by counselors will be provided.

# **CON 5371. Pre-practicum Counseling Skills (3)**

Prerequisites: Phase 1 completion. An opportunity is provided for candidates in all program tracks to learn and demonstrate through micro counseling and video sessions the skills of counseling interviews. Emphasis is placed on applying techniques through role-playing and practicing skills in classes. This is a practice—oriented course with major emphasis on applying counseling techniques,

considering multicultural issues and analyzing counseling style and performance through a reflection and self-evaluation process. Candidates must achieve a grade of B or better in this course before placement in CON 5372 and or CON 5390.

# **CON 5372.** Supervised Practicum in Counseling (3)

Prerequisites: Phase 2 completion and a B or better in CON 5371. Advanced candidates in counseling will participate in a clinical instructional environment under the supervision of a faculty member. Candidates will receive supervision from a faculty member as they obtain individual and group counseling experience. The practicum is a 100-hour field experience in a clinical mental health, career, or school counseling setting.

# CON 5373. Consultative/ Referral Processes in Counseling (3)

Prerequisites: Phase 1 completion. This course provides an examination of the theories of consultation and the skills needed in working with parents, families, agencies, and organizations. Opportunities to practice consultation in class and the field will be provided. The development of treatment plans will be discussed as well as procedures and processes for making referrals.

### **CON 5381.** Introduction to Clinical Mental Health Counseling (3)

This class gives students an opportunity to explore the organization and functions of various local, state and federal agencies responsible for community mental health. The student will be able to identify problems peculiar to various clinical mental health agencies and will examine prevention and treatment strategies related to community mental health counseling.

# CON 5390. Internship in (Career, School, or Clinical Mental Health) Counseling (3-6)

Prerequisites: Phase 2 completion and a B or better in CON 5371 and CON 5372. This class provides an opportunity for advanced candidates in counseling to demonstrate the ability to perform all counseling duties and responsibilities with individuals and groups in their applied sites. The internship is a 600-hour field placement experience.

# FOR CAREER COUNSELING MAJORS OR TO BE USED AS ELECTIVES:

#### HEA 5001. Introduction to Student Affairs and Higher Education Administration (3)

This course provides an introduction to the roles of student affairs educators, the history of the student affairs profession, and trend in contemporary student affairs divisions on college and university campuses. The course is principally designed for graduate students who aspire to serve in professional staff and administrative positions in student affairs. Such work is performed in the midst of complicated interactions among diverse groups of people, complex organizational structures, and key events that are shaped by an institution's mission, history and traditions, current exigencies and priorities, and evolving student characteristics. Knowledge and appreciation of the historical and philosophical underpinning of the field, as well as current and forthcoming issues facing higher education will enable one to productively navigate complex organizational settings and contribute to learning, student development, and institutional effectiveness. This introductory course serves as a foundation for lifelong learning about college students and student affairs practice.

# **HEA 5005. Theories of College Student Development (3)**

This course is designed to provide students with a general overview of student development theories that offer insight to the processes of student development, learning and growth that occur during post-secondary years. Student development theory allows for student affairs practitioners to have a greater understanding of how college students construct themselves and (more specifically) understand themselves through their experiences on campus, their relationships with other people, and the natural way of knowing. Special emphasis will be placed on understanding the impact such theories have on policies and practices of higher education administration and student affairs, particularly student services.

# **HEA 5010.** College Students & the Campus Environment (3)

The purpose of this course is to decipher the affect college environments have on students and their student experiences. In addition, as higher education practitioners, students will become familiar with literature and theoretical concepts related to campus environments. Furthermore, students will have the opportunity to enhance their critical thinking skills, through a research project, to facilitate campus environments that will maximize student success for all students.

# **HEA 5020. Diversity in Higher Education (3)**

This course will focus on learning how to have conversations about systemic oppression, power, issues of privilege, and multiple issues and being informed on the needs of various student groups on campus. This course will also serve as a venue through which students will act as both learners and teachers, requiring all participants to think deeply about their own personality in relation to diversity and social justice and the extent to which they are prepared to advocate for creating more equitable environments.

# **Additional Requirements**

#### **Comprehensive Examination**

Students must make a passing score on the Counseling Preparation Comprehensive Examination (CPCE). This examination is a standardized test taken the semester before the student intends to graduate. This examination is established in the academic calendar. There is a fee for the CPCE. Students should check the counseling website for due dates.

A student who fails to pass the CPCE, after a period of one semester, may apply for and secure reexamination. Should a second failure occur, a third examination is possible upon recommendation of the program coordinator and a favorable vote from the Graduate Council. If the student's request to take the comprehensive examination is denied, or in the event of a third failure, the student will be dismissed from the program. For more information about the CPCE go online to <a href="http://www.cce-global.org">http://www.cce-global.org</a>.

#### **Mid-Program Review**

Students must complete the Mid-Program Review before they can be placed in Practicum. The Mid-Program Review occurs during the Pre-Practicum class. The review will consist of an individual interview with faculty to discuss progression and readiness for field site placement. During this review, the faculty and student will discuss the student's field placement plans. Should there be any academic, readiness, or disposition concerns, a remediation plan will be discussed. The purpose of the Mid-Program Review is for endorsement by faculty for field placement.

#### Practicum

\* Field site experiences in Practicum and Internship for online students may be completed in the geographic region where the student resides as long as the criteria for placement are met.

Students are eligible to take Supervised Practicum (CON 5372) after they have completed Prepracticum (CON 5371) with a B or better, completed Phase 1 of the counseling program, and received an endorsement from the faculty after the Mid-Program Review. An application must be made to the Field Site Coordinator by dates designated on the website. The Practicum is a 100-hour experience in a field setting that includes 40 hours of direct service activities with clients. The student spends approximately 10 hours each week at the site. Students meet weekly for group and triadic supervision from a faculty member. All sites must be approved, in advance, by the Field Site Coordinator and appropriate paperwork must be approved by NCCU administrators and legal affairs. Students will be charged on their student account for liability insurance during this placement. All paperwork must be typed with appropriate signatures. A student request is needed in order for a current place of employment to be considered as an appropriate field placement. Students may find this form at <a href="http://www.nccucounseling.com/student2/index.php/forms">http://www.nccucounseling.com/student2/index.php/forms</a>.

#### **Internship**

\* Field site experiences in Practicum and Internship for online students may be completed in the geographic region where the student resides as long as the criteria for placement are met.

The internship is a 600 hour field experience. The student receives group supervision from a faculty member and individual supervision from a qualified site supervisor. Forty percent (240 hours) of the time at the site must be spent in direct services to clients. Students who conduct the entire internship in one semester register for 6 hours of credit. Students may choose to divide the internship across two semesters (3 hours of credit each semester) and conduct 300 hours each semester. All sites must be approved, in advance, by the Field Site Coordinator and appropriate paperwork must be approved by NCCU administrators and legal affairs. Students will be charged on their student account for liability insurance during this placement. All paperwork must be typed with appropriate signatures. A student

request is needed in order for a current place of employment to be considered as an appropriate field placement. Students may find this form at <a href="http://www.nccucounseling.com/student2/index.php/forms">http://www.nccucounseling.com/student2/index.php/forms</a>.

#### **Final Defense**

All degree-seeking students must successfully complete a final defense interview with faculty in order to graduate. The defense is scheduled during your last semester in school. As part of the defense process, you are required to answer questions similar to those asked in a job interview. Students receive feedback about career steps, licensure requirements, and entry into the field. The internship instructor will prepare the student for the final defense expectations.

# **Required Campus Residencies for Online Students**

All students admitted in the online programs in clinical mental health, school, and career counseling must participate in campus residencies during their course of study. Orientation is conducted through WebEx upon admission to the program and serves as an introduction to faculty, fellow students, and program expectations. Attendance at the WebEx orientation is required. Residency 1 occurs on our Durham campus within CON 5351, Principles and Procedures of Group Counseling. Residency 2 occurs on our Durham campus within CON 5371, Pre-Practicum Counseling Skills and includes the student's Mid-Program Review. Campus residencies are generally 2-3 days in length, and attendance is required and non-negotiable.

# **Graduate Student NCC Application**

Students who pass the CPCE (Comps) are eligible to take the National Counselor Examination (NCE) through the National Board of Certified Counselors. Students will be invited by the board to take the NCE. Please note that this process is different from licensure as a Licensed Clinical Mental Health Counselor in North Carolina, although students may request that their NCE scores be reported to the North Carolina Board of Licensed Clinical Mental Health Counselors.

NCC applicants can choose either the National Counselor Examination for licensure and certification (NCE) or the National Clinical Mental Health Counseling Examination (NCMHCE) as the certification exam. Please remember only those students completing a 60-semester-hour clinical mental health track may apply for the NCC and the Certified Clinical Mental Health Counselor (CCMHC) combined credential simultaneously. For information about how to prepare for the NCE exam go to NBCC's website (https://www.nbcc.org/).

# Licensed Clinical Mental Health Counselor in North Carolina

The clinical mental health counseling program is designed to prepare students to pursue initial licensure in North Carolina as Licensed Clinical Mental Health Counselor Associate (LCMHCA). Students in this program should become familiar with the North Carolina Board website (https://ncblemhc.org/).

# School Counseling Licensure in North Carolina

The school counseling program is designed to prepare students to pursue licensure in North Carolina as K-12 Professional School Counselors. Students in this program should prepare to take the Praxis II specialty exam in professional school counseling during their final semester of studies. Students are required to complete the Praxis workshop before taking the Praxis II.

#### NCDPI Licensure Procedures

### **Completers should:**

- 1. Create an account and log-in to <a href="https://vo.licensure.ncpublicschools.gov/">https://vo.licensure.ncpublicschools.gov/</a>
- 2. Enter background information—full name, address, social security number, date of birth, telephone number, sex, race, and questions related to convictions or revoked certificates/licenses.
- 3. Upload official, degree-dated transcripts\*\* from all colleges/universities attended (except those that NCDPI already has from previous licenses, if applicable). If licensure-only, request final transcripts with final grades posted.
- 4. Upload Praxis II test scores, as required by NCDPI for the program.
- 5. Pay online with a credit/debit card.
- **6.** Please also upload your official transcript, Praxis scores, and School of Education data form to when requested. These documents provide us important information for accreditation and to expedite verification by NCCU's licensing officer (see item #2 below).

\*\*Items uploaded only stay for 30 days. After 30 days you will have to upload documents again. It may be mid-January (for December graduates) and mid-June (for May graduates) before your official transcript is sent to you and it may be easier to wait until you receive your transcript before uploading all required documents.

**Note 1:** Upload all materials at the same time once you receive your degree-dated/final transcripts. The licensure website will not archive your documents for more than thirty days without an action on your license (which cannot be done without all require materials.

**Note 2:** If you have ever had a license with NCDPI, we may have to use a hard copy process.

For the Licensure Officer to verify a completer for NCDPI Licensure on the website:

- 1. Upload a copy of the transcripts and Praxis test scores when requested.
- 2. Upload the SOE Data and Verification form, *signed by the program coordinator*, when requested.

# **Endorsement Policy**

The Council for the Accreditation of Counseling and Related Educational Programs (CACREP) states that: "A formal endorsement policy by an academic unit with a CACREP accredited program should stipulate endorsement for employment or credentialing only in the program area in which a student received training." In order to fulfill this requirement, letters of recommendation prepared by the program's faculty members will indicate the program in which each student was enrolled (i.e., career counseling, clinical mental health counseling or school counseling) and will describe the nature of the internship that the individual completed (i.e., setting, population served). In addition, program faculty will only recommend individuals for licenses and certificates for which they are qualified by having met the requisite standards.

#### **Graduate Checkout**

As a student nears graduation, several forms are required and may be found on the counseling website at <a href="http://www.nccucounseling.com/student2/index.php/forms">http://www.nccucounseling.com/student2/index.php/forms</a>. These forms must be completed and turned into the registrar prior to the deadline set. All forms should be typed and submitted electronically to the student's advisor. The Application for Admission to Candidacy form must be submitted in the semester before a student plans to graduate.

In addition to the Application for Admission to Candidacy, students must also complete the Application for Graduation form and the Academic Approval form the semester they intend to graduate.

# **Approval for Thesis**

Students may also complete a thesis. Students can register for up to 6 hours of thesis. However, the maximum credit that can be awarded for thesis is 3 semester hours. Students who complete a thesis satisfactorily will be granted an additional 3 semester hours.

The Graduate Council and the University's Institutional Review Board must approve a student's thesis proposal prior the initiation of the project. The completed thesis is defended orally before a thesis committee.

The preparation of the thesis is a research experience. It should show the capacity of the student under guidance of a faculty advisor to accomplish independent investigation, and a mastery of the technique of research. It is not expected or required that the thesis shall in every case be an original contribution to knowledge. The student, in the preparation of the thesis, is concerned with the materials of knowledge and the evidential basis on which the knowledge rests.

The original and three copies of the thesis must be inspected in the Office of Graduate Studies for compliance with the requirements of form and style. The documents must be deposited in the Office of Graduate Studies no later than the date specified in the *Calendar of Events*. At that time, the binding fee should be paid in the Bursar's office. A copy of the regulations regarding form, style, and physical requirements for the thesis follows:

https://myeol.nccu.edu/documents/document/1865382353



# PLAN OF THE THESIS OR PROJECT

STUDENT ID NUMBER 8 2 0							
NAME (Please PRINT):							
Proposed Title of: Thesis Project:							
Please give a brief summary of the proposed work.							
<ol> <li>Attach a written plan for your thesis or project</li> <li>Purpose and Objectives of the proposed work</li> <li>Description of how the topic will be examined and work plan</li> <li>Briefly describe the data collection and data analysis</li> <li>Comment on the value and significance of the Thesis or Project</li> </ol>							
Student's Signature:Date:							
****Do not write below this line. To be completed by Department or Program Chairperson *****							
The Department or Program Chairperson recommends that this thesis or project be directed by:  Committee Chair: Second Committee Member: Third Committee Member:  I certify: That student's plan has been examined and approved by the Department or Program Chairperson of the student's major							

That the investigation or project has merit as a learning experience for the student or as a minor problem in the current research program of the Department or Program.  That the student has sufficient background to undertake the task.				
Approved: Graduate Committee, Chair:	Date:			
Department or Program Chairperson:	Date:			
This application must be properly signed before submission to the Graduate School Office for review by Graduate Council.				
Approved: Graduate School Dean:				
Date:				
The Final Report on the Master's Thesis Defense document can be <a href="https://www.nccucounseling.com/student2/index.php/forms/file/5">https://www.nccucounseling.com/student2/index.php/forms/file/5</a>				
For those who opt to complete a thesis, you will need to bring thre with you to your scheduled thesis defense.	ee typed copies of this document			

# **University Resources**

# **Statement of Inclusion/Non-Discrimination**

North Carolina Central University is committed to the principles of affirmative action and non-discrimination. The University welcomes diversity in its student body, its staff, its faculty, and its administration. The University admits, hires, evaluates, promotes, and rewards on the basis of the needs and relevant performance criteria without regard to race, color, national origin, ethnicity, sex, sexual orientation, gender identity, gender expression, age, disability, genetic information, veteran's status, or religion. It actively promotes diversity and respectfulness of each individual.

# **Student Accessibility Services**

Students with disabilities (physical, learning, psychological, chronic, or temporary medical conditions, etc.) who would like to request reasonable accommodations and services under the Americans with Disabilities Act must register with the Office of Student Accessibility Services (SAS) in Suite 120 in the Student Services Building. Students who are new to SAS or who are requesting new accommodations should contact SAS at (919) 530-6325 or <a href="SAS@nccu.edu">SAS@nccu.edu</a> to discuss the programs and services offered by SAS. Students who are already registered with SAS and who would like to maintain their accommodations must renew previously granted accommodations by visiting the NCCU Accommodate Website at <a href="https://nccu-accommodate.symplicity/students/index.php">https://nccu-accommodate.symplicity/students/index.php</a> and logging into their Eagle Accommodate Student Portal. Students are expected to renew previously granted accommodations at the beginning of each semester (Fall, Spring & Summer sessions). Reasonable accommodations may be requested at any time during the semester for all students; however, accommodations are not retroactive. Returning semester requests for returning students are expected to be done within the first two weeks of the semester. Students are advised to contact their professors to discuss the testing and academic accommodations that they anticipate needing for each class.

Students identifying as pregnant or other pregnancy-related conditions who would like to request reasonable accommodations and services must register with SAS.

## **Confidentiality and Mandatory Reporting**

All forms of discrimination based on sex, including sexual harassment, sexual assault, dating violence, domestic violence, and stalking offenses, are prohibited under NCCU's Sexual Harassment Policy (NCCU POL 01.04.4). NCCU faculty and instructors are considered to be mandatory reporters and are required to promptly report information regarding sexual harassment to the University's Title IX Coordinator. The Sexual Harassment Policy can be accessed through NCCU's Policies, Regulations and Rules website at <a href="https://www.nccu.edu/policies">www.nccu.edu/policies</a>. Any individual may report a violation of the Sexual Harassment Policy (including a third-party or anonymous report) by contacting the Title IX Coordinator at (919) 530-7944 or <a href="maintenance-title-Title-IX@nccu.edu">Title-IX@nccu.edu</a>, or submitting the online form through the Title IX Reporting Form, located at <a href="https://www.nccu.edu/titleix">www.nccu.edu/titleix</a>

# **Student Advocacy Coordinator**

The Student Advocacy Coordinator is available to assist students in navigating unexpected life events that impact their academic progression (e.g., homelessness, food insecurity, personal hardship) and

guide them to the appropriate University or community resources. Contact Information: Student Services Building, Room G19, (919) 530-7492, studentadvocacy@nccu.edu

#### **Counseling Center**

The NCCU Counseling Center is staffed by licensed psychologists and clinical mental health professionals who provide individual and group counseling, crisis intervention, substance abuse prevention and intervention, anger management, and other services. The Counseling Center also provides confidential resources for students reporting a violation of NCCU's Sexual Misconduct Policy. Contact Information: Student Health Building, 2<sup>nd</sup> Floor, (919) 530-7646, counseling@nccu.edu.

#### **Career Services**

The Career and Professional Development Center is committed to partnering with graduate students to ensure student success inside and outside of the classroom. Their mission is to foster campus collaborations that will connect and empower students through transformative career and professional development. For more information, please contact the Career and Professional Development Center at https://nccu.campuslabs.com/engage/organization/cpdc.

#### **Veterans Services**

One of the goals of the faculty and the NCCU Veterans Affairs Office (VA)is to provide a welcoming and supportive learning experience for veterans. Specifically, the VA's primary goal is to provide a smooth transition from military to college life for veterans, service members, and dependents. If you wish, please contact your professor and/or the Director of the VA during the first weeks of class so that we may support and assist you. During your matriculation, the VA is here to assist you with the VA Educational Benefits process and offer overall support to ensure academic progression towards graduation. For more information, please contact the VAO at 919-530-5000, veteransaffairs@nccu.edu or visit their website at nccu.edu/enrollment/veterans-affairs.

#### **Student Health Services**

The mission of the Student Health Center is to provide a collaborative and holistic health climate that provides service, care, wellness, and education. For appointments and general information call 919-530-6317, and for more information, please visit <a href="https://www.nccu.edu/life-nc-central/health-and-well-being/student-health-center">https://www.nccu.edu/life-nc-central/health-and-well-being/student-health-center</a>.

#### **Student ID**

The NCCU ID (Eagle Card) is a one-card access to a variety of campus services and facilities, including the library. Students receive a personal Eagle Card as part of the tuition. Eagle Cards can be obtained from the Eagle Card Office located in room 117 of the Lee Biology Building. They can be contacted at 919-530-7523.

The Eagle Card can also be used to purchase books in the campus bookstore (by having funds from financial aid placed onto the Eagle Card) or to use the book voucher process.

# **Library Services**

As a NCCU Graduate student, you have access to various resources located in the Curriculum Materials Center (CMC) Library, the James E. Shepard Memorial Library, the Music Library, the School of Law Library, and the School of Library and Information Sciences Library. Students also

have borrowing privileges from Duke University, UNC-Chapel Hill, and N.C. State through the Triangle Research Libraries Network. Additionally, students have access to a wide variety of electronic databases, including NC Live, to conduct literary reviews and research. These electronic resources are available through web.nccu.edu/shepardlibrary and can be accessed both on and off campus.

### The Graduate Student Association

The Graduate Student Association (GSA) is the governing body of North Carolina Central University's graduate students. The organization represents graduate students at formal university sponsored meetings, provides a forum for dialog between graduate students and other campus units, including university faculty and administrators. The GSA also organizes events and programs design to foster intellectual growth and interchange within the graduate community. The GSA office is located in the Students Services Building on the campus of North Carolina Central University. *Contact Info:* NCCU Graduate Students Association Office Phone Number: (919) 530-6126 or https://www.nccu.edu/sgs/graduate-student-association

# Office of Spiritual Development and Dialogue

The Office of Spiritual Development and Dialogue office works with community spiritual leaders to give NC Central students an opportunity to enhance their spiritual awareness and encourage interfaith dialogue among fellow students and community members. Throughout the year, the Office hosts activities that allow students to explore and discuss their spirituality in a safe and caring environment. There are numerous opportunities for students to become involved in community service projects. Contact Info: (919) 560-6201 or <a href="https://www.nccu.edu/life-nc-central/health-and-well-being/spiritual-dialogue-and-development">https://www.nccu.edu/life-nc-central/health-and-well-being/spiritual-dialogue-and-development</a>

# **Safety**

# **University Police Department**

The University Police Department ensures that students, faculty and staff have a safe and secure environment in which they can live, learn, and work. The Department provides a full range of police services, including investigating all crimes committed in and around its jurisdiction, making arrests, providing crime prevention/community programs, enforcing parking regulations and traffic laws, and maintaining crowd control for campus special events. Contact Information: 2010 Fayetteville Street, (919) 530-6106, nccupdinfo@nccu.edu or https://www.nccu.edu/administration/university-police.

### **Escort Program**

The Campus Police Department will provide escorts to the University family at night from one section of the campus to another, when requested. To receive an escort, students must contact the Department at (919)530-6106.

# **Crime Stopper**

The University Police Department is a member of the Durham Police Department's Crime Stopper program. Any information about a crime committed can be reported to the <u>Durham Crime Stoppers</u> Program at (919) 683-1200.

### **Emergency**

Blue light emergency phones are located throughout the campus. These telephones are for use when

police assistance is needed. The telephone system provides your location to the University Police as soon as the red button is pushed. This alerts the University Police to respond immediately. *Contact info:* (919)530-6106.

#### **Financial Information**

# **Scholarships & Student Aid**

The purpose of the Office of Scholarships and Student Aid (OSSA) is to assist in the recruitment and retention of students by providing financial resource information and access to funding. The OSSA provides financial assistance and guidance through appropriate communication and learning activities that empower students to fulfill their academic aspirations. The Office of Scholarships and Student Aid is committed to providing timely and exemplary service to its students and families.

Financial aid is available in the form of scholarships, grants, loans, and work study. Most federal and state funded financial aid programs are awarded on the basis of proven financial need. The OSSA ensures that funds are awarded in a consistent and equitable manner. For each student who desires financial assistance, a <a href="Free Application for Federal Student Aid (FAFSA)">Free Application for Federal Student Aid (FAFSA)</a> must be completed online at <a href="https://www.FAFSA.gov">www.FAFSA.gov</a> beginning on October 1. The student must reapply each academic year for financial aid. Applicants should make sure the correct award year is selected and the school code of 002950 is listed in section six. NCCU does not certify private loans.

For more information, please contact the Office of Scholarships and Student Aid at 919-530-6180 or <a href="https://www.nccu.edu/ssa">https://www.nccu.edu/ssa</a>

#### **Cost of Attendance**

The cost of attendance reflects the maximum amount of financial assistance (grants, scholarships, work assistance, and loans) a student may receive for the enrollment period (a semester, an academic year, or summer term). The cost of attendance is listed on the award notification. In addition to the cost of required fees, the financial aid office considers other living expenses students may incur during the school year. The cost of attendance is the sum of the following:

- Actual tuition and fees or the school's average tuition and fees
- Cost of room and board (or living expenses for students who do not contract with the school for room and board)
- Cost of books and supplies
- Allowance for transportation
- Allowance for miscellaneous expenses

# **Application Process for Summer School & Priority Dates**

Students who are interested in receiving financial assistance during the first, second, and/or dual sessions of summer school must have a valid student aid report on file. The expiration date for the <a href="Free Application for Federal Student Aid (FAFSA)">Free Application for Federal Student Aid (FAFSA)</a> is June 30th. Students receiving financial assistance for the first time during the summer session should closely monitor the deadline date to ensure that the FAFSA is processed before June 30th. The deadline date for the FAFSA appears prior to the start date for the second session of summer school.

In addition to the FAFSA or Renewal FAFSA, students must complete the NCCU Summer School Financial Aid Application, to receive financial assistance for summer school. Applications will be issued with students who are registered for summer school. Therefore, please make sure that you have been advised by the academic advisor and registered for your classes prior to requesting a summer school application. The applications will be available on March 15th.

The types of financial aid available during the summer are Pell Grant, SEOG, Federal Work-Study, Perkins, Stafford Loans, and PLUS Loans. Funds are reserved in SEOG and Perkins to assist students who have exhausted their Pell and Stafford Loan eligibility. These funds are awarded on a first come first served basis and are depleted quickly.

### **Assistantships**

Graduate Assistantship positions are available for students pursuing their graduate level degrees. These are awarded in the spring with a beginning date of fall semester. Students generally work up to 20 hours per week in programs at NCCU. For more information, please see <a href="https://www.nccu.edu/sgs/funding-your-graduate-education">https://www.nccu.edu/sgs/funding-your-graduate-education</a>. Some graduate assistantships include tuition remission if students render services as teaching assistants, research assistants or office assistants. A per semester stipend may also be awarded.

# **External Scholarships**

Each year we learn that over millions of scholarship dollars are unclaimed because students fail to apply for the funds. For more information on external scholarships, please visit the Office of Scholarships and Student Aid website at <a href="https://www.nccu.edu/ssa/scholarships">https://www.nccu.edu/ssa/scholarships</a>

# **Professional Organizations**

#### **ACA**

The American Counseling Association is a not-for-profit, professional and educational organization that is dedicated to the growth and enhancement of the counseling profession. Founded in 1952, ACA is the world's largest association exclusively representing professional counselors in various practice settings

The American Counseling Association offers award-winning, informative publications and scholarly journals that are valuable resources to counseling professionals and those interested in human development. Other benefits, such as the opportunity to gain continuing education units (CEU's), networking opportunities, and professional liability and other insurance programs are just some of the many benefits available to members. To find out more about ACA go to <a href="https://www.counseling.org">www.counseling.org</a>.

### **ASCA**

The American School Counselor Association (ASCA) supports school counselors' efforts to help students focus on academic, personal/social and career development so they achieve success in school and are prepared to lead fulfilling lives as responsible members of society. ASCA provides professional development, publications and other resources, research and advocacy to more than 27,000 professional school counselors around the globe. To find out more about ASCA go to <a href="https://www.schoolcounselor.org">www.schoolcounselor.org</a>.

# **AMHCA**

AMHCA is a growing community of almost 6,000 clinical mental health counselors. Together, we make a critical impact on the lives of Americans and give a voice to our profession nationwide. To find out more about AMHCA go to <a href="https://www.amhca.org">www.amhca.org</a>.

### **NCDA**

The National Career Development Association (NCDA) is a founding division of the American Counseling Association (ACA). The mission of NCDA is to promote the career development of all people over the life span. NCDA recognizes NCCU's career counseling program as one of eight programs of excellence in the United States. NCCU was the 1<sup>st</sup> CACREP accredited career counseling online program in the nation. For more information about NCDA go to www.ncda.org.

#### NCCA/NCSCA/NCCDA

The North Carolina Counseling Association represents diverse interests of its membership through an Executive Council, geographically located members, specialty organizations, and committees. To find out more about NCCA go to <a href="https://nccounselingassociation.org/">https://nccounselingassociation.org/</a>. The North Carolina School Counseling Association has the mission to promote excellence in the profession of school counseling and the development of all students. To find out more about NCSCA go to <a href="https://www.ncschoolcounselor.org/">https://www.ncschoolcounselor.org/</a>. The North Carolina Career Development Association is comprised of professionals engaged in the field of career counseling and development. NCCDA is organized and governed in accordance with the by-laws of the National Career Development Association. NCCDA is a division of the North Carolina Counseling Association. To find out more about NCCDA go to <a href="https://nccdaonline.org/">https://nccdaonline.org/</a>

#### CHI SIGMA IOTA

Chi Sigma Iota is the international honor society for counselors-in-training, counselor educators, and professional counselors. CSI's mission is to promote scholarship, research, professionalism, leadership, and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the field of counseling. Students may apply for membership after completion of 9 semester hours with a 3.5 GPA.

The Society was established in 1985 through the efforts of leaders in the counseling profession whose desire was to provide recognition for outstanding achievement as well as outstanding service within the counseling profession. For more information go to <a href="http://www.csi-net.org">http://www.csi-net.org</a>, contact Dr. Levette Scott or Dr. Kelly King, or see our chapter site at <a href="https://www.csi-net.org/members/?id=18210486">https://www.csi-net.org/members/?id=18210486</a>.

		Dla	ns of Study			
(http://	www.nccucou	unseling.com/s	ans of Study student2/index	.php/advising	g/plans-of-stud	<u>y)</u>

# **Clinical Mental Health Counseling Plan of Study**

Name	IDN:

	<b>Credit Hours</b>	Proposed Year	Completed	Grade
PHASEI				
CON 5201 Ethical & Prof Orient to	3			
Counseling	3			
CON 5310 Theories & Techniques	3			
CON 5321 Intro to Family	3			
Counseling	3			
CON 5381 Intro to Clinical Mental	3			
Health				
CON 5331 Psychosocial	3			
Development				
CON 5320 Voc. Theory & Career	3			
Dev.				
CON 5360 Multicultural & Gender	3			
Issues				
CON 5351 Group Counseling	3			
CON 5306 Introduction to Addiction	3			
Counseling				
CON 5307 Crisis, Trauma & Grief	3			
Counseling				
PHASE II:				
EDGR 5910 Statistics	3			
CON 5371 Pre-Practicum*	3			
CON 5361 Assessment, Eval, &	3			
Analysis in Counseling				
CON 5362 Diagnosis, Assessment &	3			
Psychopathology				
CON 5373 Consultation	3			
Advisor Approved/Electives	3			
PHASE III:				
CON 5372 Practicum**	3			
CON 5390 Internship***	6			
EDGR 5920 Educational Research	3			
TOTAL HOURS:	60			

<sup>\*</sup>Complete Mid-program Review

\*\*Complete CPCE, Complete Application for Candidacy

\*\*\* Complete Application for Graduation, Complete Final Defense

Student	Date		Advisor
Student Address:			
Telephone Number:			
Major:			
Date Admitted			
Admission to Candidacy:			
	Thesis	Proposal Sul	bmitted to Advisor (Date)
Comprehensive Exam (s):			
Written:	Date App	plied	
	Date Tak	en	
	Results		
Final Forms			
Date thesis rej	port signed by	advisor (if ap	plicable)
Date admission	on to candidac	y approved by	SOE graduate office
Date applicati	on for graduat	tion filed with	SOE
Date applicati	on for graduat	tion filed with	registrar
Date thesis de	fense if applic	cable	
Mid-Program	Review		
Final Defense			

**School Counseling Plan of Study** (for students admitted after August 2018)

ame		IDN:		
PHASE I				
CON 5201: Ethical, Professional	3			
Orientation to Counseling	3			
CON 5310: Theories & Tech's	3			
CON 5310. Theories & Teen's CON 5303: Intro to School Counseling	3			
CON 5304: Advanced School	3			
Counseling	3			
CON 5331: Psychosocial Development	3			
CON 5320: Voc. Theory/Career Dev.	3			
CON 5360: Cultural Diversity	3			
& Gender Issues				
CON 5351: Group Counseling	3			
Corv 5551. Group Counseling				
PHASE II				
EDGR 5910: Statistics	3			
CON 5371: Pre-Practicum*	3			
CON 5361: Assessment, Eval &	3			
Analysis in Counseling				
CON 5373: Consultation	3			
CON 5308 Counseling Children and	3			
Adolescents				
CON 5340 Counseling Students with	3			
Special Needs				
CON 5350 Clinical Interventions in	3			
Events of Crisis, Grief and Trauma				
Advisor-Approved Elective	3			
PHASE III				
CON 5372: Practicum**	3			
CON 5390: Internship***	6			
EDGR 5920:	3			
Educational Research				
TOTAL HOURS	60			
Complete Mid-program Review Complete CPCE, Complete Application f * Complete Application for Graduation, C	or Candid Complete	acy Final Defense		
Student	Date		Advisor	

Student Address:	
Telephone Number:	
Major:	
Date Admitted	
Admission to Candidacy:	
Thesis	Proposal Submitted to Advisor(Date)
Comprehensive Exam (s):	
Written: Date A	applied
Date T	aken
Results	S
Final Forms	
Date thesis report signed	by advisor (if applicable)
Date admission to candid	acy approved by SOE graduate office
Date application for gradu	uation filed with SOE
Date application for gradu	nation filed with registrar
Date thesis defense if app	licable
Mid-Program Review	
Final Defense	

**School Counseling Plan of Study** (for students admitted prior to fall 2018)

Name	IDN:
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	<b>Credit Hours</b>	<b>Proposed Year</b>	Completed	Grade
PHASE I				
CON 5201 Ethical & Prof Orient to	3			
Counseling				
CON 5310 Theories & Techniques	3			
CON 5303 Intro to School	3			
Counseling				
CON 5331 Psychosocial	3			
Development				
CON 5320 Voc. Theory & Career	3			
Dev.				
CON 5360 Multicultural & Gender	3			
Issues				
CON 5351 Group Counseling	3			
	3			
PHASE II:				
EDGR 5910 Statistics	3			
CON 5371 Pre-Practicum*	3			
CON 5361 Assessment	3			
CON 5373 Consultation	3			
CON 5304 Advanced School	3			
Counseling				
Advisor Approved/Electives	3			
	3			
PHASE III:				
CON 5372 Practicum**				
CON 5390 Internship ***	3			
EDGR 5920 Educational Research	6			
	3			
TOTAL HOURS:				
	51			

<sup>\*</sup>Complete Mid-program Review
\*\*Complete CPCE, Complete Application for Candidacy
\*\*\* Complete Application for Graduation, Complete Final Defense

Student	Date	Advisor	
Student Address:			
Telephone Number: _			
Major:			
Admission to Candid	lacy:	Proposal Submitted to Advisor	(Date)
Comprehensive Exar	m (s):		(Date)
Written:	Date App	blied	
	Date Tak	en	
	Results		
For school counseling	g students only: Praxis Scho	ool Counseling Specialty Exam	
Praxis Workshop Com Prerequisites: All cour	npleted: rses and either during or after	the internship/practicum (Date)	
	Date Taker	1	Results
Final Forms			
	Date thesis report signed by	advisor (if applicable)	
	Date admission to candidacy	y approved by SOE graduate office	
	Date application for graduat	ion filed with SOE	
	Date application for graduat	ion filed with registrar	
	Date thesis defense if applic	able	
	Mid-Program Review		
	Final Defense		

Career Counseling Plan of Study (for students admitted fall 2021 and beyond)

Name:	IDN:

	Credit Hou	rs Proposed Ye	ar Completed	Grade
PHASE I				
CON 5201 Ethical & Prof Orient to	3			
Counseling				
CON 5310 Theories & Techniques	3			
CON 5331 Psychosocial Development	3			
CON 5320 Voc. Theory & Career Dev.	3			
CON 5360 Multicultural & Gender Issues	3			
CON 5351 Group Counseling	3			
CON 5303 Introduction to School	3			
Counseling OR HEA 5001 Introduction to				
Student Affairs & Higher Education				
Administration				
PHASE II:				
EDGR 5910 Statistics	3			
CON 5371 Pre-Practicum*	3			
CON 5361 Assessment, Eval, & Analysis	3			
in Counseling				
CON 5373 Consultation	3			
CON 5325 Advanced Career Counseling	3			
CON 5304 Advanced School Counseling	3			
OR HEA 5010 College Students & the				
Campus Environment				
CON 5308 Counseling Children and	3			
Adolescents OR HEA 5005 Theories of				
College Student Development				
CON 5340 Counseling Children with	3			
Special Needs or HEA 5020 Diversity in				
Higher Ed				
DHACE III.				
PHASE III:	2			
CON 5372 Practicum** CON 5390 Internship***	6			
EDGR 5920 Educational Research				
	3 3			
CON 5360 Internship in School Counseling OR HEA Approved Elective	3			
OK IIEA Approved Elective				
TOTAL HOURS:	60			
IOIME HOUND.	1 00	1		

\*Complete Mid-program Review

\*\*Complete CPCE, Complete Application for Candidacy

\*\*\* Complete Application for Graduation, Complete Final Defense

Note: Career Counseling majors focus on career service delivery in either school or higher education setting.

Student	Date	Advisor
Student Address:		
Telephone Number:		
Major:		
Admission to Candidacy:		
	Thesis Pro	oposal Submitted to Advisor(Date)
Comprehensive Exam (s):		
Written:	Date Applied	
	Date Taken	
	Results	
Final Forms		
Date th	nesis report signed by advis	or (if applicable)
Date a	dmission to candidacy appr	roved by SOE graduate office
Date a	pplication for graduation fil	led with SOE
Date a	pplication for graduation fil	led with registrar
Date th	nesis defense if applicable	
Mid-Pr	rogram Review	
Final D	efense	

# **Career Counseling Plan of Study**

(for students admitted prior to fall 2021)

Name:	IDN:

	Credit Hours	<b>Proposed Year</b>	Completed	Grade
PHASE I				
CON 5201 Ethical & Prof Orient to	3			
Counseling				
CON 5310 Theories & Techniques	3			
CON 5331 Psychosocial	3			
Development				
CON 5320 Voc. Theory & Career Dev.	3			
CON 5360 Multicultural & Gender Issues	3			
CON 5351 Group Counseling	3			
Advisor Approved Elective:	3			
PHASE II:				
EDGR 5910 Statistics	3			
CON 5371 Pre-Practicum*	3			
CON 5361 Assessment	3			
CON 5373 Consultation	3			
CON 5325 Advanced Career	3			
Counseling				
PHASE III:				
CON 5372 Practicum**	3			
CON 5390 Internship***	6			
EDGR 5920 Educational Research	3			
TOTAL HOURS:	48			

<sup>\*</sup>Complete Mid-program Review

\*\*Complete CPCE, Complete Application for Candidacy

\*\*\* Complete Application for Graduation, Complete Final Defense

Student	Date	Adviso	or		
Student Address:					
Telephone Number:					
Major:					
Date Admitted					
Admission to Candidacy:					
	Thesis	Proposal Submitted to Advi	sor(Date)		
Comprehensive Exam (s):					
Written:	Date Applied				
	Date Taken				
	Results				
Final Forms					
Date thesis report signed by advisor (if applicable)					
Date admission to candidacy approved by SOE graduate office					
Date application for graduation filed with SOE					
Date application for graduation filed with registrar					
Date thesis defense if applicable					
Mid-Program Review					
Final Defense					

# **Dual Degree**

If you decide to receive a dual degree, aka, "dual-major" (in other words, add another program of study to your current one), there will be some classes that you will need to add to your current program of study (or "major"). You will need to discuss this plan with your advisor - and gain their approval before adding an additional program. There will be some additional elements that you will need to complete:

- You will submit an electronic form ("Declaration/Change of Major, Minor, or Concentration" form). This form routes from you to your advisor, to the department chair, and then to the Dean of the School of Education. As of February 2021, we are seeking clarification regarding this process on campus.
- When it comes time to fill out your Application for Graduation, you will need to fill out two
  sets of documents (one for each major). When you graduate, you will receive two diplomas
  and both degrees will be noted on your transcript.

## Below are the different options for completing a dual degree:

- If you are admitted as a <u>School Counseling major</u> -- and you would like to **add** the <u>Clinical Mental Health Counseling Program of Study</u>:
  - You will complete your School Program of Study and add the following classes:
    - CON 5362: Advanced Assessment / Diagnosis, Assessment, and Psychopathology (3 hours)
    - CON 5306: Intro to Addictions Counseling (3 hours)
    - CON 5307: Crisis, Trauma, and Grief Counseling (3 hours)
    - CON 5321: Intro to Family Counseling (3 hours)
    - CON 5381: Intro to Mental Health Counseling (3 hours)
    - CON 5390: Internship in Mental Health Counseling (600 hours 6 hours) (NOTE: This is in addition to your 600-hour school counseling internship)
  - o These additions will add 18 hours to your current School Counseling Plan of Study if you took one of the above classes as your "advisor-approved elective".
- If you are admitted as a <u>School Counseling major</u> -- and you would like to add the <u>Career Counseling Program of Study</u>:
  - o You will complete your School Program of Study and add the following classes:
    - CON 5325: Advanced Career Counseling (3 hours)
    - CON 5303: Intro to School OR HEA 5001 Intro to Student Affairs (3 hours)
    - CON 5304: Adv School OR HEA 5010: College Students and Campus Env (3 hours)
    - CON 5340: Couns. Children OR HEA 5020: Diversity in Higher Ed (3 hours)
    - CON 5390: Internship in Career Counseling (600 hours 6 hours) (NOTE: This is in addition to your 600-hour mental health counseling internship)
  - These additions will add 18 hours to your current School Plan of Study unless you took one of the above classes as your "advisor-approved elective". If you are using one of the above courses as your "advisor-approved elective", you will need to select an additional 3-hour school counseling or higher education administration elective. You

MUST complete 18 hours (beyond the 60-hour school counseling plan of study) to receive dual degrees.

- If you are admitted as a <u>Clinical Mental Health Counseling major</u> -- and you would like to add the <u>School Counseling Program of Study</u>:
  - You will complete your Clinical Mental Health Program of Study and add the following classes:
    - CON 5303: Intro to School Counseling (3 hours)
    - CON 5304: Advanced School Counseling (3 hours)
    - CON 5308: Counseling Children and Adolescents (3 hours)
    - CON 5340: Counseling Students with Special Needs (3 hours)
    - CON 5350 Clinical Interventions in Events of Crisis, Grief, and Trauma (3 hours)
    - CON 5390: Internship in School Counseling (600 hours 6 hours) (NOTE: This is in addition to your 600-hour mental health counseling internship)
  - o These additions will add 18 hours to your Clinical Mental Health plan of study if you took one of the above classes as your "advisor-approved elective".
- If you are admitted as a <u>Clinical Mental Health Counseling major</u> -- and you would like to add the <u>Career Counseling Program of Study</u>:
  - You will complete your Clinical Mental Health Program of Study and add the following classes:
    - CON 5325: Advanced Career Counseling (3 hours)
    - CON 5303: Intro to School OR HEA 5001 Intro to Student Affairs (3 hours)
    - CON 5304: Adv School OR HEA 5010: College Students and Campus Env (3 hours)
    - CON 5340: Couns. Children OR HEA 5020: Diversity in Higher Ed (3 hours)
    - CON 5390: Internship in Career Counseling (600 hours 6 hours) (NOTE: This is in addition to your 600-hour mental health counseling internship)
  - These additions will add 18 hours to your current Mental Health Plan of Study unless you took one of the above classes as your "advisor-approved elective". If you are using one of the above courses as your "advisor-approved elective", you will need to select an additional 3-hour school counseling or higher education administration elective. You MUST complete 18 hours (beyond the 60-hour Mental Health counseling plan of study) to receive dual degrees.
- If you are admitted as a <u>Career Counseling major</u> -- and you would like to add the <u>Clinical</u> Mental Health Counseling Program of Study:
  - You will complete your Career Program of Study and add the following classes:
    - CON 5362: Advanced Assessment / Diagnosis, Assessment, and Psychopathology (3 hours)
    - CON 5306: Intro to Addictions Counseling (3 hours)
    - CON 5307: Crisis, Trauma, and Grief Counseling (3 hours)
    - CON 5321: Intro to Family Counseling (3 hours)
    - CON 5381: Intro to Mental Health Counseling (3 hours)
    - CON 5390: Internship in Mental Health Counseling (600 hours 6 hours) (NOTE: This is in addition to your 600-hour career counseling internship)

- o These additions will add 18 hours to your current Career Counseling Plan of Study if you took one of the above classes as your "advisor-approved elective".
- If you are admitted as a <u>Career Counseling major</u> -- and you would like to add the <u>School Counseling Program of Study</u>:
  - o You will complete your Career Program of Study and add the following classes:
    - CON 5303: Intro to School Counseling (3 hours)
    - CON 5304: Advanced School Counseling (3 hours)
    - CON 5308: Counseling Children and Adolescents (3 hours)
    - CON 5340: Counseling Students with Special Needs (3 hours)
    - CON 5350 Clinical Interventions in Events of Crisis, Grief, and Trauma (3 hours)
    - CON 5390: Internship in School Counseling (600 hours 6 hours) (NOTE: This is in addition to your 600-hour career counseling internship)
  - These additions will add 18 hours to your current Career Counseling Plan of Study if you took one of the above classes as your "advisor-approved elective." This option is ONLY available for those Career Counseling students who complete the HEA route for their primary plan of study.

# **Licensed Clinical Addictions Specialist Requirements**

(please discuss the sequence and requirements of these classes with your advisor)

In order to add the requirements for Licensed Clinical Addictions Specialist (LCAS), students are required to take the following classes:

- CON 5306: Introduction to Addiction Counseling
- CON 5326: Traditional and Contemporary Issues in Addiction
- CON 5327: Prevention, Treatment, and Intervention of Alcohol, Drug & Behavioral Addictions
- CON 5328: Alcohol, Drug & Behavioral Addictions
- CON 5390: Internship, 3-hours in an addiction treatment setting

# Information about Licenses to Practice School Counseling & Clinical Mental Health Counseling

Our curricula for school counseling and clinical mental health counseling are aligned with the standards to practice in North Carolina. Students should consult the Department of Education in the state where they hope to practice for additional prerequisites for the professional school counseling credential. Additionally, students should consult the clinical mental health counseling board in the state where they hope to practice for additional prerequisites for the license to practice clinical mental health counseling.

Licensure is granted in both school and clinical mental health by the state where counseling practice will occur.